



## Free Webinar Looks at Reversing the ‘Shecession’

The Caregivers Working Group has received an announcement about a timely, relevant webinar coming up next week, which may be of interest to the Clark community: **COVID-19 + Working Women: How to Reverse the Shecession**. Presented by the Worcester Business Journal and Bowditch and Dewey, the webinar will feature a panel discussion about how the pandemic has affected working women. The webinar will take place Tuesday, April 20, from noon to 1 p.m. — [register here](#).

The lines between work and home are blurry for everyone, but women are often the primary caregiver for children and parents. As a result, women have disproportionately had to downshift their careers during the pandemic or leave the workforce, a trend erasing decades of progress. The data is clear — companies that embrace diverse ideas and contributions achieve greater success, and supporting and retaining women is critical to the bottom line. [Learn more about the webinar here](#), and register even if you can’t attend on Tuesday — a recording will of the discussion will be sent to you.

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## Reminder: Complete Community Engagement Survey

To better understand the level of community engagement at Clark, the Board of Trustees’ Community Affairs and Social Responsibility Committee asks staff members to [complete this survey](#) on their volunteer activities and commitments. This information also will help us provide better links between students and faculty and staff who may already be working in their areas of interest.

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## Student Employment Updates Coming Soon

Do you have questions about extending student employment through the end of the spring semester or how to hire students for summer work? End-of-semester information about student employment will be sent via email soon — keep your eye on your inbox.

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## Discover Seven Essential Healthy Habits with edHEALTH

Kick your unhealthy habits to the curb and replace them with new ones at edHEALTH’s “7 Healthy Essential Habits” Lunch and Learn webinar on May 4. This session will cover biometric numbers that can be warning signs of health problems, 7 essential health habits that are important to living a healthier and longer life, and how to make healthy lifestyle changes to support success.

To attend this free webinar on Tuesday, May 4, from 11:30 a.m. to 12:30 p.m., [you must preregister here](#); you will receive an email with additional instructions.

[Click here](#) to watch a recording of April’s webinar on healthy food choices; the session password is Wellness123.

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## April is Alcohol Awareness Month

Drinking alcohol can lessen tension, reduce inhibitions and ease social interactions. And people drink safely — but drinking too much can be harmful physically, emotionally, and

economically, as well as impact productivity. If you or someone you care about is struggling with alcohol addiction, New Directions Behavioral Health, Clark's Employee Assistance Program, can help you. Resources include the [Substance Use Resource Center](#) and an April 21 webinar, [Substance Use and Your Loved Ones](#).

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## A Conversation about Diversity, Equity, and Inclusion at Clark

The Center for Gender, Race, and Area Studies, with support from the President's Diversity, Equity, and Inclusion Fund, is proud to announce the launch of the **Difficult Dialogues on Diversity, Equity, and Inclusion** series. Please join us virtually on Monday, April 19 at 3:30 p.m. — [preregistration is required](#). Panelists will be Eric DeMeulenaere, associate professor of urban schooling; Michael Vidal, director of diversity and inclusive excellence; and Sobia Khokhar '22 and Sophia Stewart-Chapman '22. This event is free and open to the Clark Community.

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## News from Staff Assembly

### Anonymous Feedback Form

The [Staff Assembly Feedback Form](#) is available to all staff who wish to share concerns, ideas, and suggestions. You may submit this form anonymously.

### Connect with Colleagues Over (Virtual) Lunch

Take a midday break and get to know your fellow employees at one (or more!) of Staff Assembly's Zoom lunches. [RSVP here](#); all lunches are from noon to 1 p.m., but you're welcome to drop in as your schedule allows.

- Tuesday: Open Community Lunch for All Staff
  - Wednesday Staff of Color Affinity Lunch
  - Thursday: LGBTQIA+ Staff Affinity Lunch
  - Friday: Open Community Lunch for All Staff
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## Resources and Opportunities

- Find previous employee newsletters [here](#).
- The Employee Assistance Program provides confidential, free assessments and referral services for legal and financial needs, child care, crisis support, mental health treatment, lifestyle coaching, substance abuse treatment, and more. Visit [New Directions Behavioral Health](#); our company code is "Clark University."
- The University's ombudsperson, Israela Brill-Cass, is an informal, confidential, neutral, and independent resource for staff and faculty who want to discuss any topic without fear of retaliation or judgment. [Click here](#) to learn more and make an appointment.
- LinkedIn Learning offers a vast catalog of courses covering technical and professional skills, as well as personal development. [Learn more here](#).
- Visit [ClarkNow](#) for the latest news from campus, and check out where Clark faculty and staff experts appear [in the media](#).
- Learn about employment opportunities at Clark by visiting the [Job Opportunities](#) page on the [Office of Human Resources](#) website.



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