



Massachusetts COVID-19 Vaccination Update

Massachusetts has updated its COVID-19 vaccination guidelines, which list the various phases of delivery. The good news is that *everyone*, including Clark students, is eligible for the vaccine beginning April 19, though you may be eligible earlier based on your age and other health factors. You will find more information on eligibility, vaccine availability, and how you can register for your vaccination on the [Massachusetts COVID-19 Vaccination Plan](#) website. Once you register for the vaccine, you will be placed in the queue and notified when you can receive it. Another helpful site is [MA Covid Vaccine Finder](#), where you can sign up to receive email alerts when vaccination appointments are available.

One-on-One Retirement Consultations

Clark employees may schedule one-on-one meetings in April with representatives from Fidelity and TIAA to address questions about their retirement planning, such as: Am I investing properly, with the right mix? Am I on track with my retirement savings? Will I have what I need? How do I bring my retirement savings together?

TIAA

Mark Bertonazzi, Clark's TIAA representative, will be available for phone appointments on Wednesday, April 14, from 9 a.m. to 4 p.m. [Register for a one-on-one session here](#) or call 800-732-8353.

Fidelity

Matthew Toedt, Clark's dedicated retirement planner with Fidelity Investments, will be available on Wednesday, April 28, from 9 a.m. to 4 p.m., for phone or virtual appointments. [Schedule an appointment here](#) or call 1-866-715-5959.

Stay Well with HPHC Virtual Classes

Harvard Pilgrim Health Care's Living Well at Home program offers a range of [free virtual wellness classes](#), including strength training, yoga, Zumba, guided mindfulness, and health and wellness webinars. In addition, the HPHC [Living Well Everyday](#) program lets you earn rewards for participating in a variety of informative, fun and interactive activities.

Join edHealth for a 'Lunch and Learn' on Nutrition

Learn how to choose healthy, delicious, and sustainable foods at edHEALTH's "Beyond Nutrition" lunch and learn program. There is no cost or preregistration required to attend.

At this session, Morgan Becer, of UPMC Health Plan, will help you make informed food choices that benefit not only your health, but also the health of the planet. You will improve your ability to make informed food choices by reading food labels, increasing your awareness of how and where food comes from, and how food choices affect our planet.

The “Beyond Nutrition” Lunch and Learn is 11:30 a.m. to 12:30 p.m. on **Tuesday, April 6**. Take the time for yourself and your own well-being. [Join the webinar here](#); the session password is Wellness123.

Retirement Learning Opportunities

TIAA and Fidelity offer live webinars each month to help you with your financial goals. You do not need to be enrolled with either company to access the webinars, which also are available for viewing on demand.

TIAA

[Register here for access](#) to the webinars and other resources. If you are not enrolled in a TIAA retirement account, you may register for guest access. In April, live webinars will cover topics including income options in retirement, online tools and resources, a quarterly economic and market update, the power of (and strategies for) saving, financial success strategies specifically for women, giving to individuals and charities, and legacy planning.

Fidelity

[Visit the Fidelity Learning Center](#) to find live and on-demand webinars and other resources. Upcoming webinars will cover market insights, investing in the renewable energy sector, exchange traded funds, synthetic options, fixed income portfolios, navigating the market, tax strategies, and bond opportunities in times of volatility and recovery.

News from Staff Assembly

Join a Staff Assembly Subcommittee

The Staff Assembly Steering Committee invites staff to join our [subcommittees](#), which focus on areas including diversity, equity, and inclusion; communications; new staff orientation and staff recognition; and programming and events. [Click here](#) to sign up for a subcommittee.

Anonymous Feedback Form

The [Staff Assembly Feedback Form](#) is available to all staff who wish to share concerns, ideas, and suggestions. You may submit this form anonymously.

Connect with Colleagues Over (Virtual) Lunch

Take a midday break and get to know your fellow employees at one (or more!) of Staff Assembly’s Zoom lunches. [RSVP here](#); all lunches are from noon to 1 p.m., but you’re welcome to drop in as your schedule allows.

- Tuesday: Open Community Lunch for All Staff
- Wednesday Staff of Color Affinity Lunch
- Thursday: LGBTQIA+ Staff Affinity Lunch
- Friday: Open Community Lunch for All Staff

Resources and Opportunities

- Find previous employee newsletters [here](#).
- The Employee Assistance Program provides confidential, free assessments and referral services for legal and financial needs, child care, crisis support, mental health treatment, lifestyle coaching, substance abuse treatment, and more. Visit [New Directions Behavioral Health](#); our company code is “Clark University.”
- The University’s ombudsperson, Israela Brill-Cass, is an informal, confidential, neutral, and independent resource for staff and faculty who want to discuss any topic without fear of retaliation or judgment. [Click here](#) to learn more and make an appointment.
- LinkedIn Learning offers a vast catalog of courses covering technical and professional skills, as well as personal development. [Learn more here](#).
- Visit [ClarkNow](#) for the latest news from campus, and check out where Clark faculty and staff experts appear [in the media](#).
- Learn about employment opportunities Clark by visiting the [Job Opportunities](#) page on the [Office of Human Resources](#) website.



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