



Wellness Day This Friday

This Friday, February 11, is Wellness Day — a day when classes are canceled so you can prioritize your well-being, engage in self-care, and do what serves you. A series of activities and opportunities to relax and take care of yourself will begin Thursday night. Follow [Wellness Education](#) on Instagram and log in to [Clark Engage](#) for the full schedule. Then enjoy the day off to take care of you!

Goddard Library Updates and Reminders

Zotero/Unpaywall Workshop: Learn about free software to help you find full-text articles, create citations, and build bibliographies. Sessions will be held Tuesday, February 8, 7–7:30 p.m.; Wednesday, February 9, 2–2:30 p.m.; and Thursday, February 10, 2–2:30 p.m. Zoom Meeting ID: 985 1694 5423.

Course Reserves: Looking for free access to materials assigned in your courses? The Goddard Library currently has materials available for 115 courses, with more on the way! Print materials can be borrowed for two hours at a time and may be renewed if they aren't need by another student. The library's collections of e-books, as well as the internet archive, can also be accessed (even when the library is closed!) by navigating to the [Course Reserves List](#) for your course.

Study Rooms: Need a space to prepare for a presentation or work on a group project? Looking for a change of scenery? Check out the Library's Student Study Rooms. We have rooms for individual students, small groups, and larger conference rooms complete with a desktop computer, plasma display, and even DVD/Blu Ray players. You can reserve a room for two hours per day, up to four hours per week. Space is limited, so we recommend making reservations at least 24 hours in advance. [Reserve a study room »](#)

Research Support: The semester may be just beginning, but projects and papers are closer than you might think — it's never too early to meet with a librarian for research assistance. We are happy to help you navigate library resources and databases, find sources for your project, assist with citation management, and more. [Schedule a Research Consultation »](#)

If you experience issues accessing materials on reserve, or do not see any materials for your course, please don't hesitate to reach out to [Lawrence Bolduc](#), access and curricular resources librarian.

Goddard Library COVID Policy: Clark community members must comply with the Clark Commitment when using the Goddard Library. Masks must be worn at all times with few exceptions. Masks may not be removed to make video or phone calls or if food is present; library users may only remove masks when they are actively eating or drinking. Library staff will notify the Dean of Students Office or an employee's supervisor if we observe noncompliance issues. Visitors to Goddard Library who are not current students, faculty, or staff must comply with Clark's Visitors Policy. Thank you for your help in ensuring a welcoming and safe environment in the library.

Craft Studio Workshops

Check out these creative Craft Studio Workshops taking place over the next few weeks:

- Fridays, 7–8 p.m. — Jewelry with Martina
- Saturdays, 6–7 p.m. — Knitting with Jamie
- Sundays, 12–1 p.m. — Painting with Jamie
- Thursdays, 12–1 p.m. — Collaging with Rachael
- Fridays, 4–5 p.m. — Watercolor Landscapes with Max
- Tuesdays, 12–6 p.m. — Foam printmaking with Riani (drop-in)

The Craft Studio, located on the basement level of the University Center, is open every day, 10 a.m. to 10 p.m. Come visit and get your crafts on!

Intramural Signups Extended

Team and individual registration for 3x3 basketball intramurals has been extended and will be open until **Wednesday, February 9**. Sign up using [IM Leagues](#). If you already have an account, simply sign in; if not, you will need to create an account using your Clark email address. If you have any questions, contact Intramural Director [Kate Kurzanski](#).

Intramural sports are open to everyone and provide a fun chance make connections on campus and meet other students while staying active. Whether you are new to a sport or experienced, join with a team of friends or register as a free agent, there's a place for you! Games will take place from 2 to 6 p.m. on Sunday afternoons in the Kneller Athletic Center, beginning Sunday, February 13.

Internet Safety Concepts Webinar

Information Technology Services will sponsor an internet safety webinar on Tuesday, February 15, at 4:30 p.m.

[Preregistration is required.](#)

Most apps can be used in fun, positive ways, but not all are secure. This program shows everyone the positives and potential pitfalls of today's most popular programs. A range of topics will be covered, including:

- Social Networking: concerns students should have, and be aware of
- Positives, negatives, and potential impacts cyberbullying
- Protecting yourself and others, and creating a positive outcome
- Texting and sexting
- Popular/trending apps
- Photo-sharing privacy settings
- Understanding the importance of digital footprints
- Apps/programs that help students
- Video chats and sharing too much information
- Email concerns

During this webinar, Scott Driscoll, president and founder of Internet Safety Concepts, will teach students how to use technology safely. You will learn how a single shared picture could impact your future, how comments on a social networking site can come back to haunt you, and how safeguarding your devices can help to protect your privacy.

Helpful Reminders from the CARE Team: Getting Involved

For many people, college is one of the best times of their lives. In addition to all the knowledge and experience gained inside the classroom, students have an opportunity to learn, grow, and build memorable experiences through their engagement outside of the classroom. Have you considered becoming more involved in campus activities, but are not sure where to start? Here are a few recommendations:

- Identify your current interests, hobbies, and passions. What do you like to do for fun in your spare time? What brings you joy? What makes you feel more connected to others?
- Check out [Clark Engage](#) to learn more about active student clubs and organizations that align with your interests. This can also be a wonderful opportunity to try out something new. For an easy browsing experience, sort the organizations by category to view them or check out upcoming events.
- Map out your schedule on a calendar. What blocks of time are available outside of classes, work, or other commitments? Consider scheduling to attend an upcoming program or event — and invite a friend!
- Remember to make in-person connections. Say hello to someone new or invite classmates to lunch.

There are so many benefits to getting more involved on campus. Not only will you have a fun adventure, but you also can build community with others, strengthen learning opportunities, discover more about yourself, and create memories to last a lifetime.

Major Exploration Fairs Coming Soon

Save the date for the Majors Exploration Fair on Wednesday, March 23, from 1 to 4 p.m., beginning in Academic Commons.

The Fair will be a “hop-style” event where you will be able to travel to all of Clark’s academic departments and gather important information about the majors and minors offered by Clark that interest you.

Choosing a major is serious business — we can help. For more information, contact [Brandon E. Frencic](#) in the Academic Advising Center.

Career Connections Corner

Life After Clark Conference

Monday, Feb. 7, through Thursday, Feb. 10

Open to current juniors, seniors, and the Class of 2021

Fill your graduation toolkit! This conference features workshops, guest speakers, and alumni networking opportunities to help you design an amazing life after graduation. [Register on Handshake](#) to check out the complete lineup and get access to the conference brochure with all locations and links.

How to Make Handshake Work for You

Tuesday, Feb. 15, 3 to 4 p.m.; Register on [Handshake](#)

This workshop will help you become a job, internship, and networking platform superuser, so opportunities will literally come to you! You’ll learn to demystify the tools available for your career exploration; build strategies for personalizing your job and internship recommendations; find new connections who can help you on your journey at Clark and beyond; and uncover different approaches for creating a curated feed that reflects your interests and goals.

All Majors Virtual Career Fair

Wednesday, Feb. 16, 1 to 4 p.m.; Register on [Handshake](#)

Discover internship and job opportunities, and present yourself to employers through video, audio, or text-based communications in one-on-one meetings and group info sessions. Learn about potential career paths and ask questions of industry professionals to gain insight into the types of opportunities available. Engage in meaningful, productive conversations with industry professionals, and have fun building your network.

Participating employers include AbbVie, BJ's Wholesale Club, City Year, Granite Telecommunications, NASA DEVELOP, Horizon Media, Public Consulting Group, Triumvirate Environmental, Hanover Insurance, Worcester Art Museum, Toast Inc., and more.

Opportunity Funding Info Session

Wednesday, Feb. 23, 12:30 to 1:30 p.m.; Register on [Handshake](#)

Grab lunch, and then log in to our info session for a broad overview of funding available to undergraduates for internships, research, and self-designed projects. Students who won awards last year will join us to answer questions and provide the inside scoop on their own experiences!