



We hope you have found the first Wellness Day of the semester to be relaxing and rejuvenating.

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## Clark is Healthy Because of You

We thank you for continuing to follow the principles of [The Clark Commitment](#) — social distancing, washing your hands, and wearing a mask (for maximum protection, we recommend a [KN95 mask or double-masking](#)). We urge you to take precautions whenever you travel off campus as well. And to see how campus is faring this semester, check the [Healthy Clark Dashboard](#), which is updated daily with information about the number of positive results at Clark and in Worcester.

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## Writing Support

[The Writing Center](#) continues to provide free, virtual, one-on-one support for all students on any writing project. Our peer writing consultants can assist you at any stage of the writing process, from brainstorming ideas to final revisions. [Click here](#) to schedule an online appointment with one of our consultants. If you have questions, please email your consultant at the email address listed on the appointment form, or [Jen Plante](#), writing center director and associate dean of academic services.

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## Craft Studio Grab and Go Workshops

Want to get crafty? The Craft Studio has virtual workshops planned for embroidery, paper window stars, clay coil pots, pop-up cards, and more. Stop by the Student Leadership and Programming Office

on the third floor of the University Center to pick up to-go bags with all the materials you'll need for each project, then join the Zoom meetings for guided demonstrations ([Meeting ID: 913 4364 5638](#)). Check out information about times and sessions by following [ClarkUCraftStudio](#) on Instagram.

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## Office of Diversity and Inclusion 2021 Co-Funding Program

The ODI Co-Funding Program supports efforts to advance diversity and inclusion on campus, awarding up to \$500 to help co-fund/co-sponsor your event, activity, or project. This program is available to all members of the Clark community. The Co-Funding Committee will review submitted proposals to determine which best accomplish ODI's mission.

If you have any questions, please [contact Ashley Caruso](#), ODI coordinator. [Visit the Office of Diversity and Inclusion website](#) to learn more about the Co-Funding Program, including requirements, deadlines, and who sits on the Co-Funding Committee, and to access the [online application](#).

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## Announcing the Wellness Corner Newsletter

Clark's Wellness Ambassadors will be publishing a monthly newsletter filled with tips, stories, and resources on all things health and well-being. If you have things you'd like to ask the Wellness Ambassadors, learn about, or see in the newsletter, feel free to [email your ideas](#), and write "Newsletter" in the subject. Sign up to receive the Wellness Corner Newsletter [here](#).

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## President's Achievement Awards for Inclusive Excellence

We are delighted to announce the second annual President's Achievement Awards for Inclusive Excellence (PAAIE). These awards will honor individuals, units, and programs that have made exemplary contributions to creating and sustaining an inclusive environment at Clark and in the broader Worcester community. [Click here](#) to learn more about the awards, including eligibility and selection criteria, and submit a nomination.

Nominations must be received by April 12 at 5 p.m. EDT.

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## 'No Blue Memories: The Life of Gwendolyn Brooks'

On Thursday, March 25, at 7 p.m. EDT, the Higgins School of Humanities presents a screening of "No Blue Memories: The Life of Gwendolyn Brooks," followed by a conversation with Manual Cinema Co-Artistic Director Sarah Fornace and composer/musician Ayanna Woods. This event will be [broadcast live on Zoom](#).

The film brings to life the story of one of Chicago's most beloved figures. She was an icon, a poet laureate, a Pulitzer Prize winner — and a recipient of an honorary degree from Clark University in 1987.

[Click here](#) to learn more about the event, which is part of the African American Intellectual Culture Series and is co-sponsored by the Higgins School of Humanities and the Office of the Provost.

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## Clark University Rapid Response is Back in Action

[Clark University Rapid Response](#) (CURR) is staffed by students who are trained and certified as first responders by the Commonwealth of Massachusetts. Rapid Responders work in teams of three or four and carry an AED (Automated External Defibrillator), wound treatment supplies, splinting equipment, and more. To request CURR support, call 508-793-7575 (7575 from a campus phone) from Sunday at 8 a.m. through Thursday at 8 a.m.

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## Student Support Network Training

The Center for Counseling and Personal Growth (CPG) is again offering training for students who want to become part of the Student Support Network (SSN). This is a six-week program where participants learn about mental health issues and how to help others who are struggling with their own mental and emotional health. One-hour sessions will be held virtually once a week on helping skills, depression and anxiety, alcohol and other drugs, suicidal thoughts, and connecting friends to help. This semester, SSN training will take place on Wednesdays, from 2 to 3 p.m., between April 7 and May 19 (with no session on April 21, which is a Wellness Day).

Please email [Shawn McGuirk, CPG counselor and community education coordinator](#), if you have questions or are interested in participating.



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