



Resources & Opportunities in Clinical Psychology & Related Fields

Ideas for Internships

Internships in **red** denote clinical opportunities. Clinical hours help students gain relevant experience prior to graduating and/or starting a full-time job.

AIDS Project Worcester

[APW – AIDS Project Worcester website](#)

Provides a comprehensive range of services to support the medical care and various service needs of persons living with HIV/AIDS and those at greatest risk for HIV and Hepatitis C (HCV).

Alzheimer's Association

[Alzheimer's Association | Alzheimer's Disease & Dementia Help](#)

Leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

American Cancer Society

[American Cancer Society](#)

Promotes healthy lifestyles to help prevent cancer; researches cancer and its causes to find more answers and better treatments; fights for lifesaving policy changes; provides everything from emotional support to the latest cancer information for those who have been touched by cancer.

Big Brothers Big Sisters

[Big Brothers Big Sisters of America - Youth Mentoring \(bbbs.org\)](#)

One-to-one mentoring relationships support the critical social and emotional development needed to help build resilience and promote the mental health and well-being of thousands of children served across America.

Boys and Girls Club of Worcester

[Boys & Girls Club of Worcester | \(bgcworchester.org\)](http://bgcworchester.org)

Helps youth, especially those who need us most, develop the qualities needed to become responsible citizens and community leaders, through caring professional staff who forge relationships with our youth members and influence their ability to succeed in life.

Bruce Wells Scholars Upward Bound Program

[Bruce Wells Scholars Upward Bound Program - Seven Hills Foundation](#)

A five-year leadership and college access program for promising low-income, first-generation college-bound Worcester high school students.

Center for Counseling and Personal Growth (CPG)

[Student Involvement - Center for Counseling and Personal Growth - Clark University](#)

Internship Title: Peer Educator

Provides peer-led psychoeducational learning experiences for the Clark University student community. Peer Educators are committed to teaching skills that will help students to reduce the potential for distressful life experiences.

Center for Nonviolent Solutions

[Center for Nonviolent Solutions](#)

Provides education and resources to help people in the Worcester Area to understand nonviolence and peacemaking as a way of life and to reject the use of violence in resolving conflict.

Children's Law Center

[Children's Law Center of Massachusetts \(clcm.org\)](http://clcm.org)

Internship Title: Development/Communications Intern

Aims to secure equal justice and maximize opportunities for low-income children and youth across the state by providing quality, culturally sensitive advocacy and legal services.

City of Worcester Health and Human Services

[Health & Human Services | City of Worcester, MA \(worcesterma.gov\)](http://worcesterma.gov)

Provides coordination and management of the City's critical services (Public Health, Veterans' Services, Human Rights and Accessibility, Elder Affairs and Youth Services); maximizes access to City programs and services by providing information and referral advocacy, outreach and educational programs for all Worcester residents; promotes ways to increase respect in the

cservices@clarku.edu ♦ **Career Connections Center** ♦ connections.clarku.edu

community and safeguard equal access and opportunity for all through outreach, educational programs, events and advocacy; advances the well-being of the City's youth, particularly in the areas of educational and employment opportunities; oversees community coordination to address a wide array of homeless issues including triage/assessment/rapid re-housing, discharge planning and street outreach

Devereux

[Devereux Massachusetts and Rhode Island](#)

Changes the lives of people with autism, intellectual and developmental disabilities, specialty mental health needs and child welfare concerns.

Family Resource Centers – Worcester

[Family Resource Centers - Massachusetts \(frcma.org\)](#)

Strengthens parenting skills; responds to family crises; links families to services and opportunities; helps children develop social and emotional skills; observes and responds to early warning signs of child abuse and neglect; values and supports parents.

Girls Inc. of Worcester

[Girls Inc. of Worcester \(girlsincworchester.org\)](#)

Provides more than 1,000 girls in Greater Worcester with life-changing experiences and real solutions to the unique challenges girls face. By offering researched-based programming, girls learn to set and achieve goals, overcome obstacles, resist peer pressure, see college as attainable, and explore nontraditional fields such as STEM (science, technology, engineering, and math).

Recreation Worcester Program at the Goddard School

[Recreation Worcester | City of Worcester, MA \(worcesterma.gov\)](#)

A free, year-round, out-of-school time program for youth run by the City of Worcester. Youth participate in curriculum-based learning and engage with community partners that help build programming and introduce participants to many positive, educational activities.

Hands of Hope

[Hands of Hope Food Pantry and Outreach Center \(capecodcouncilofchurches.org\)](#)

Provides critical emergency assistance to low-income families in need in the mid-Cape area (Mashpee to Harwich), offering food, financial assistance to prevent evictions and homelessness, emergency sheltering, assistance with utility and medical bills, clothing, and small household goods.

Jeremiah's Inn

[Jeremiah's Inn | Residential Recovery, Sober Living, Food Pantry \(jeremiahsinn.com\)](http://jeremiahsinn.com)

Social Model Treatment Facility: guides over 100 men each year in their efforts to set and achieve healthy attainable goals, change behavior, and learn to LIVE recovery.

Key Program, Inc.

[Key Program Inc. - Non-Residential & Residential Programs in Massachusetts and Rhode Island](#)

Provides direct services each day through a variety of residential and non-residential program models and settings to over 850 adolescents from the child welfare, mental health, juvenile justice, and educational systems.

Kids Connection Corner, Jewish Family and Children's Service

[Jewish Family & Children's Service \(jfcsboston.org\)](http://jfcsboston.org)

Focuses on meeting the needs of new parents and their children, older adults and family caregivers, children and adults with disabilities, and people experiencing poverty, hunger, or domestic abuse.

Massachusetts Department of Children and Families

[Massachusetts Department of Children & Families](#)

Works in partnership with families and communities to keep children safe from abuse and neglect. DCF can provide support and services to keep children safe with parents or family members but can also provide foster care or find new permanent families for children through kinship, guardianship, or adoption.

Massachusetts Department of Corrections

[Massachusetts Department of Correction | Mass.gov](http://Mass.gov)

Provides custody, care, and programming for those under Mass. DOC supervision to prepare them for safe and successful reentry into the community.

Open Sky Community Services

[Open Sky Community Services \(openskycs.org\)](http://openskycs.org)

Provides services and support to more than 4,900 adults, young adults and youth with mental health challenges, developmental disabilities, brain injury, substance use disorders or other complex challenges, as well as LGBTQIA+ youth ages 14 to 23 (Safe Homes program).

cservices@clarku.edu ♦ **Career Connections Center** ♦ connections.clarku.edu

Playspace Program (through Horizons for Homeless)

[United Way of Central Massachusetts | Play with young homeless children \(unitedwaycm.org\)](https://www.unitedwaycm.org)

Builds and maintains developmentally appropriate and trauma-informed, “kid-friendly” spaces in shelters and stocks them with books, toys, games, and arts materials. These Playspaces provide the opportunity for children to have a safe place to play, use their imaginations, heal from trauma, and have fun.

Seven Hills Foundation - Wetzel Center; YOU, Inc. Worcester Community Connections

[Seven Hills Foundation](#)

Internship Title: Central MA Respite Intern

Provides exceptional integrated clinical, educational, and community-based support to children and adults with disabilities and significant life challenges.

Spectrum Health Systems

[Spectrum Health Systems, Inc.](#)

Internship Title: Project Peer Connection

A private, nonprofit organization dedicated to improving the lives of individuals impacted by addiction and/or mental health disorders; facilitates re-entry of offenders released from MA state correction facilities

The Bridge of Central Mass

[The Bridge of Central Massachusetts \(thebridgetraininginstitute.org\)](https://thebridgetraininginstitute.org)

Offers continuing education workshops and personalized consultation services that focus on evidence-based and best practice treatment models. Training and consultation services are tailored to meet the needs of schools, human service professionals and licensed clinicians.

The Center for Children and Families

[The National Center for Children and Families | NCCF Cares](#)

Internship Title: Counselor Intern

Focuses on the power of relationships to assist neighbors in addressing the devastation of homelessness, poverty, abandonment, mental illness, substance addiction, abuse and neglect, and domestic violence and systemic discrimination determined by the condition of their birth. (**Note: located in Maryland; currently only offering in person opportunities*)

Worcester Center for Expressive Therapies

[Worcester Center for Expressive Therapies | Expressive Therapy \(wcetherapy.com\)](https://www.wcetherapy.com)

Brings the healing power of the arts to the greater Worcester County community.

Worcester Community Housing Resources, Inc.

[Worcester Community Housing Resources \(wchr.org\)](http://wchr.org)

Internship Title: Housing Intern

Creates and preserves affordable housing opportunities for low to moderate income households and initiates and supports neighborhood revitalization throughout Worcester County.

Worcester County House of Correction/Sherriff's Office

[Worcester County Sheriff's Office](http://worcestersheriff.com)

Helps newly released individuals with practical and emotional support to build productive new lives and reduce the chance of recidivism.

Worcester Public Schools

[Worcester Public Schools, Massachusetts \(worcesterschools.org\)](http://worcesterschools.org)

Serves over 23,000 students in a diverse college town setting. Close to 90% of the city's residents, with school age children, entrust the Worcester Public Schools to deliver high quality education in a safe and stimulating learning environment.

Worcester Recovery Center and Hospital

[Worcester Recovery Center and Hospital \(WRCH\) | Mass.gov](http://worcesterrecoverycenter.com)

Serves 260 adults and 60 adolescents through an innovative design and provides a state-of-the-art environment for patients and staff; provides acute inpatient mental health services and supports.

Worcester Refugee Assistance Project

[Worcester refugee assistance project \(WRAP\) Worcester, MA - Home \(worcesterrefugees.org\)](http://worcesterrefugees.org)

Internship Titles: Education Intern; Non-profit Administration Intern

A network of individuals committed to assisting local refugees from Myanmar to achieve sustainable self-reliance through mentoring, advocacy and providing material support as needed.

Youth Villages Massachusetts

[Youth Villages: The Force for Families \(youthvillages.org\)](http://youthvillages.org)

Provides help for children and young people across the United States who face a wide range of emotional, mental, and behavioral problems.

YWCA of Central Massachusetts

[YWCA – Central Massachusetts \(ywcacm.org\)](http://ywcacm.org)

Provides safe places for women and girls, builds strong women leaders, and advocates for both women's and civil rights.

Possible First Jobs After Graduation

Achievement First

[Achievement First Public Charter Schools](#)

Special Education Teacher

Melmark New England

[Melmark New England](#)

Instructor, Applied Behavioral Analysis
Classroom

Advocates, Inc.

[Advocates](#)

Direct Care Counselor

Playworks

[Playworks](#)

Program Director

Arbour Counseling Services

[Arbour Counseling Services](#)

Substance Abuse Clinician

YMCA of Central MA

[YMCA of Central Massachusetts](#)

Community-Based Service Advocate

Boston University

[Memory Disorders Research Center](#)

Memory Disorders Research Assistant

Youth Villages

[Youth Villages](#)

Behavioral Youth Counselor

Gateways Hospital & Mental Health Center

[Gateways Hospital](#)

Program Director

YWCA

[YWCA USA](#)

Shelter Advocate

Other roles: career counselor, case manager, childcare counselor, mental health/psychiatric technician, mentor, probation and parole officer, rehabilitation specialist, academic tutor

Non-profits and government agencies often hire graduates with degrees in psychology who are not yet licensed (usually at the master's level)!

- Department of Human Services - Child Welfare Case Manager, Social Services Manager
- Centers for Disease Control - Behavioral Scientist, Public Health Advisor
- Administration for Children and Families - Head Start Program Specialist

Local Graduate Psychology Programs

Assumption University

Worcester, MA; <https://www.assumption.edu/graduate/clinical-counseling-psychology>

Clinical Counseling Psychology, Rehabilitation Counseling, Special Education, Applied Behavioral Analysis, School Counseling

Boston University

Boston, MA; <https://www.bu.edu/academics/qrs/programs/psychology/>

Psychological and Brain Science

Clark University

Worcester, MA; <https://www.clarku.edu/departments/psychology/phd-programs/>

Clinical Psychology, Developmental Psychology, Social Psychology

Harvard University

Cambridge, MA; <https://qsas.harvard.edu/programs-of-study/all/psychology>

Experimental Psychopathology and Clinical Science, Social Psychology, Developmental Psychology, Cognition, Brain and Behavior (CBB)

John Jay College of Criminal Justice

Manhattan, NY; <https://www.jjay.cuny.edu/master-arts-forensic-psychology>

Clinical Psychology (training program), Psychology and Law (training program, not eligible to become licensed psychologist)

Leslie University

Cambridge, MA; <https://lesley.edu/academics/explore/area-of-study/counseling-psychology/degree-level/graduate/program-type/masters>

Clinical Mental Health Counseling (general or focus in Holistic Studies, School & Community Counseling, Trauma Studies), Counseling Psychology: School Counseling

The University of Rhode Island

South Kingstown, RI; <https://www.uri.edu/programs/program/psychology-ph-d/>

Psychology (Ph.D.)

Tufts University

Medford, MA; <https://asegrad.tufts.edu/academics/explore-graduate-programs/psychology>

Cognitive Science and Psychology (dual degree), Psychology, School Psychology

William James College

Newton, MA; <https://www.williamjames.edu/academics/clinical/psyd/index.cfm>

Clinical Psychology

Worcester State University

Worcester, MA; <https://www.worcester.edu/EDS-School-Psychology/>

Education Specialist in School Psychology

How to Search for Internships

1. Apply to job postings on job boards

There are several resources you can access to find posted internships:

- [Handshake](#)
- [ClarkCONNECT](#)
- [Find a Job or Internship](#) on the Career Connections Center webpage
- Academic Department Resources/Faculty
- [CCC career advisors](#)
- Niche job boards for psychology (find some on [What Can I Do With This Major](#) or consult your career adviser)
- The CCC newsletter (delivered every other Monday; back issues [here](#))

2. Ask your network for referrals & leads

Your peers, faculty and staff, and current and previous supervisors are all part of your network! Start with references from your previous jobs or internships, then ask individuals who may have worked in a similar position to the one you are considering or talk to a faculty member who is knowledgeable in the desired field. Be as specific as you can about what you are looking for.

3. Co-create an internship from scratch with an alum or organization

Reach out to organization supervisors through their websites and set up a time to meet and discuss setting up an internship with them.

- Know what kind of internship you are looking for
- Know your value: what skills and prior experience you have to offer
- Be open to what the organization needs as you co-design the internship
- Once you have worked out a plan, get it in writing to make sure everyone is on the same page

How to Apply for Academic Credit for Your Internship

Visit [The Academic Internship Program webpage](#) to learn more.

Frequently Asked Questions

How do I network for an internship?

Looks for tips and a downloadable informational interviewing guide on the CCC's [networking page](#). You can also book a [consultation with your career adviser](#) to find alumni and talk about how to reach out.

What if no one in my network can help me find as internship in my desired field?

- Talk to your career adviser to assess your outreach strategy.
- Expand your search by talking to new alumni and others.

How do I know if I should get academic credit for my internship?

Most with the exception of IDSC majors and minors, Clark students usually do not need to get credit for an internship to fulfill undergrad major requirements. However you may want to get credit if:

- You are an international student, and need to register the internship for credit in order to apply for CPT.
- You are behind on your units and want to take your internship for credit to catch up.
- The internship is unpaid and your internship host requires you to take the internship for credit to be in compliance with Department of Labor regulations.
- You want to use the internship as the basis for your Capstone.
- You want the internship to be your 4th course for fall or spring semesters (rather than your 5th), so you also have time for a job.

When should I look for an internship?

This varies by industry. Please see the Handshake resource [Recruiting and Hiring Timelines by Industry](#).

Is funding available for unpaid internships?

A limited number of fellowships and stipends are available. Applications are competitive. For more information please go to the [Opportunity Funding page](#) or contact Rachel White, opportunity funding adviser, at rawhite@clarku.edu.