

# CAREER EXPLORATION RESOURCES

When you're searching for a career, the best thing you can do is cast a wide net. Before choosing, look around for options you never knew existed.

#### Start With Self-Reflection:

- (1) **Try Focus2**, which offers career assessment quizzes and suggests career matches as well as possible majors at Clark University.
- (2) **Use your academic coursework as a means of exploration.** Take a diverse selection of coursework and assess your strengths and skills, while also considering what subjects you enjoy.
- (3) Make an appointment with your career advisor to sort out your thoughts and experiences.

### **Generate Ideas Online:**

- (1) **Try our career exploration tools**, <u>FOCUS2</u> and <u>What Can I Do With This Major?</u> Both will give you broad areas of interest to explore further.
- (2) **Search for career guides on** <u>Vault</u>. Our subscription version of Vault includes detailed career guides on dozens of options.
- (3) Explore academic departments' home pages on <u>Clarku.edu</u> for ideas. Pre-health and pre-law both have their own pages with lots of ideas.
- (4) **Scan the profiles of professionals on** LinkedIn (alumni and others). What job titles do people in your network have? What are alumni doing with their degrees? What paths have others taken?
- (5) **See what is open on job boards today.** Check <u>Handshake</u>, <u>Vault</u>, <u>Indeed</u>, <u>Idealist</u>, or check out the job search pages of our website to find the right niche job boards for you.
- (6) **Look at companies you admire.** Browse staff lists; see what job titles appeal to you. Then use O\*Net or the OOH (below) to learn more about them. Use Buzzfile to find organizations.
- (7) **Dig into professional associations.** Conduct a Google search to identify associations in your area(s) of interest; they may have detailed resources to help you identify a career path in your chosen field.
- (8) O\*Net Online, published by the U.S. Department of Labor, is a database that will help you get a detailed sense of what it's like to work in over 900 jobs.
- (9) <u>The Occupational Outlook Handbook</u> (OOH), published by the Bureau of Labor Statistics, offers salary and other useful data on hundreds of occupations.

## **Generate Ideas By Talking To Others:**

- (1) "Interview" someone you already know about their career. This could be a professor, Clark staff member, relative, or supervisor, friend of a family member, etc. Gather information about how they chose their career path and what other options they know about. Get a tip sheet for these "informational interviews" on the resources page of <a href="the CCC website">the CCC website</a>.
- (2) Interview Clark alumni.
  - Find them on <u>ClarkCONNECT</u>, Clark's platform to connect students with Clark alumni who have volunteered to mentor.
  - Search LinkedIn's alumni page.
  - Attend the Alumni Job Shadow Program over Winter Break.
- (3) Attend employer info sessions and job treks through the Career Connections Center.
- (4) Attend conferences. Conduct a Google search to identify professional associations in your area(s) of interest; they may have detailed resources to help you identify a career path in your chosen field. Most professional associations have a free or discounted student membership that will allow you to attend events or conferences.
- (5) **Join an on-campus club** that aligns with your interest areas, and talk with peers about their career interests. Attend their career-related events like alumni speaker panels.

## **Track Ideas and Questions**

When you're researching options, keep track of them on a spreadsheet like this one:

Job Idea or Job Title (Include where I found it):	Entry-level salary? Average salary?	Qualifications required:	Pros/cons:	Questions I still have about this job?
1.				
2.				
3.				
4.				