Clark University Health Careers Advising Program

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GET STARTED NOW!!!

Are you interested in the health professions? Contact Wendy Praisner to be put on our health careers mailing list.

Contact Dr. Larochelle to talk about your plans and the best way to find the path that is right for you towards a career in one of the many health-related fields.

Allopathic Medicine, Osteopathic Medicine, Dentistry, Veterinary Medicine, Physician Assistant, Nursing, Pharmacy, Naturopathic Doctor, Nutrition, Podiatry, Optometry, Chiropractic Medicine, Physical Therapy, Genetic Counseling, Sports Medicine, Occupational Therapy

Check out our website at: https://www.clarku.edu/departments/prehealth

OPTIONS IN THE HEALTH PROFESSIONS

Allopathic Medicine (MD)
Osteopathic Medicine (DO)
Dentistry (DDS or DMD)
Veterinary Medicine (DVM)
Physician Assistant (PA)
Nursing (RN, BSN, DNP, etc.)
Pharmacy (PharmD)
Naturopathic Doctor (ND)
Nutrition
Podiatry
Optometry
Chiropractic Medicine
Physical Therapy
Genetic Counseling
Sports Medicine
Occupational Therapy
Public Health



What we can provide for you:

- **Curriculum development**
- **Extracurricular and volunteering activities (including shadowing, etc.)**
- **Networking (Clark Connect, Conferences, Open Houses)**
- **Invited speakers**
- **Prehealth Society/AED, CURR**
- **Application assistance (timing, basic information, personal statement edits, etc.)**
- **Guidance on standardized exam preparation (MCAT, DAT, GRE, CASPer, PREview)**
- **Letters of recommendation**
- **Where to apply**
- **Mock interviews**



Clark University Undergraduates: Health Professions Entering Class of 2023

Luis Bou-Padilla, 2021





Ponce Health Sciences University School of Medicine

Lucas Hoffner, 2021





Western Atlantic University School of Medicine

Adam Jamal, 2022





Tufts Cummings School of Veterinary Medicine

CLARK UNIVERSITY

CHALLENGE CONVENTION. CHANGE OUR WORLD.

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Anh-Vy Le, 2020





UNE College of Osteopathic Medicine

Phuong (Alice) Le, 2021





UNE College of Dental Medicine

Joseph McElwee, 2019





UMass Chan School of Medicine

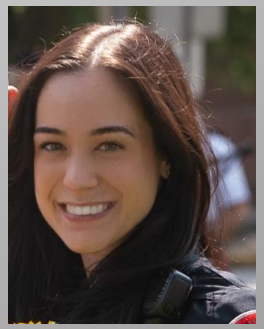
Sean Munroe, 2020





USUHS F. Edward Hébert School of Medicine

Kendyll Smith, 2021





UNE College of Osteopathic Medicine

Vivian Thu, 2020



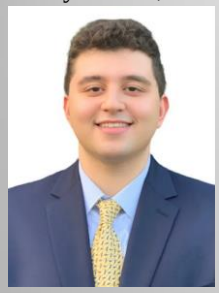


Penn State U. College of Medicine

Clark University Health Professions Entering Class of 2024

Dr. Denis Larochelle, Director of Prehealth Advising Program, dlarochelle@clarku.edu.

Casey Arruda, 2022





U. of New England College of Osteopathic Medicine

Samuel Brody, 2019





Penn State College of Medicine

Laila El-Samra, 2024





Tufts University School of Dental Medicine

Maritta Kawmi, 2021





Tufts University School of Dental Medicine

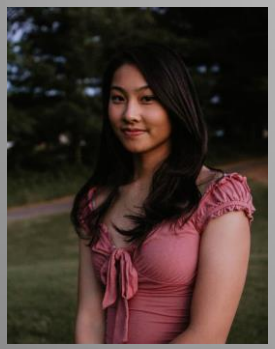
Kathlyn Koranteng, 2019





Arkansas College of Osteopathic Medicine

Thuy-Mi Le, 2022





Robert Wood Johnson Medical School

Ivana Lopez-Nieves, 2022





Sidney Kimmel Medical Coll. at Thomas Jefferson Univ.

Nathaniel Mattera, 2022





University of Illinois College of Medicine

Henna Patel, 2022





U. of New England College of Osteopathic Medicine

Nardin Sayoufi, 2023





U. of New England College of Dental Medicine

Jamie Stern, 2023





Kansas City U. College of Osteopathic Medicine

Clark University Undergraduates: Health Professions Entering Class of 2025

Katherine Gross, 2022



Tamanna Gurung, 2023





Yale U. School of Medicine MD/PhD Program

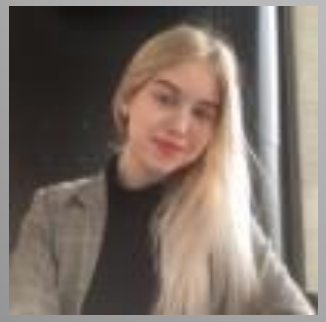


U. of Maryland School of Dentistry

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Ksenia List, 2023



Hannah McLeod, 2023



Kayla McLoughlin, 2020



Caroline Wang, 2022





Stonybrook U. School of Dental Medicine



Tufts U. School of Medicine



Ponce University School of Medicine



NYIT College of Osteo. Medicine

Clark University Undergraduates: Health Professions Entering Class of 2026

CLARK UNIVERSITY

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Sabri Bilsel, 2020



Aditya Goswami, 2025



Cassidy Hubbard, 2026



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University of Wisconsin School of Medicine



UT Health Houston
McGovern Medical School



VCOM-Virginia

Luke Mazer, 2023





VCOM-Carolinas

Maya Senquiz, 2025





University of Minnesota College of Veterinary Medicine

Cassandra Trevino, 2025





Baptist University College of Osteopathic Medicine

Undergraduate required prerequisite courses

(Beware: these can and sometimes do change)

1. Different schools have somewhat different prerequisites (especially regarding Math).
2. Medical, dental and veterinary are generally similar: 1 year of English, Math, General Biology, General Chemistry, Organic Chemistry, and Physics; plus at least 1 semester of Biochemistry*, Psychology*, and Sociology*. *Recently required by increasing numbers of schools.
3. Allied health fields such as nursing and PA do not generally require Physics. However, they, as well as pharmacy, PT, and others, may have additional requirements such as Microbiology, Statistics, Human Anatomy and Human Physiology.

Please see Clark's website for more information:
https://www.clarku.edu/departments/prehealth/undergraduate/choosing-courses/

Curriculum (with a focus on prerequisites)
GPA
Standardized tests

Research

Campus, Community, and Clinical engagement

Academics

Extracurricular Activities

Application Process

Letters of Recommendation
Common Application
- Essay
- Experience descriptions

Secondary Applications
Interviews

Schools

Selecting which program to attend



Table 1. Mean Importance Ratings of Academic, Experiential, Demographic, and Interview Data Used by Admissions Committees for Making Decisions about Which Applicants Receive Interview Invitations and Acceptance Offers (N = 130)[1]

Mean Importance Ratings[2]	Academic Metrics	Experiences	Demographics	Other Data
Highest Importance Ratings (≥3.0)	• GPA: cumulative biology, chemistry, physics, and math • MCAT total score • GPA: grade trend • GPA: cumulative total • GPA: cumulative total from postbaccalaureate premedical program • MCAT total score trend • Completion of premedical course requirements	• Community service/volunteer: medical/clinical • Community service/volunteer: not medical/clinical • Physician shadowing/clinical observation • Leadership	• U.S. citizenship/permanent residency (Public)[3] • State residency (Public)[3] • Rural/urban underserved background	• Interview results[4]
Medium Importance Ratings (≥2.5 and <3.0)	• Completion of challenging upper-level science courses • GPA: cumulative "all other" (not biology, chemistry, physics, and math)	• Paid employment: medical/clinical • Research/lab • Other extracurricular activities • Military service	• Race/ethnicity • U.S. citizenship/permanent residency (Private)[3] • Parental education/occupation/ socioeconomic status (SES)	
Lowest Importance Ratings (<2.5)	• Degree from graduate or professional program • Completion of challenging nonscience courses • Selectivity of undergraduate institution(s) • Undergraduate major	• Teaching/tutoring/ teaching assistant • Paid employment: not medical/clinical • Intercollegiate athletics • Honors, awards, recognition • Conferences attended, presentations, posters, publications	• First-generation immigrant status • Fluency in multiple languages • Gender • English language learners • State residency (Private)[3] • Legacy status • Community college attendance • Age	

Highest tier

Mean Importance Ratings[2]	Academic Metrics	Experiences	Demographics	Other Data
Highest Importance Ratings (≥3.0)	• GPA: cumulative biology, chemistry, physics, and math • MCAT total score • GPA: grade trend • GPA: cumulative total • GPA: cumulative total from postbaccalaureate premedical program • MCAT total score trend • Completion of premedical course requirements	• Community service/volunteer: medical/clinical • Community service/volunteer: not medical/clinical • Physician shadowing/clinical observation • Leadership	• U.S. citizenship/permanent residency (Public)[3] • State residency (Public)[3] • Rural/urban underserved background	• Interview results[4]

Middle tier

Medium Importance Ratings (≥2.5 and <3.0)	• Completion of challenging upper-level science courses • GPA: cumulative "all other" (not biology, chemistry, physics, and math)	• Paid employment: medical/clinical • Research/lab • Other extracurricular activities • Military service	• Race/ethnicity • U.S. citizenship/permanent residency (Private)[3] • Parental education/occupation/ socioeconomic status (SES)	

Lowest tier

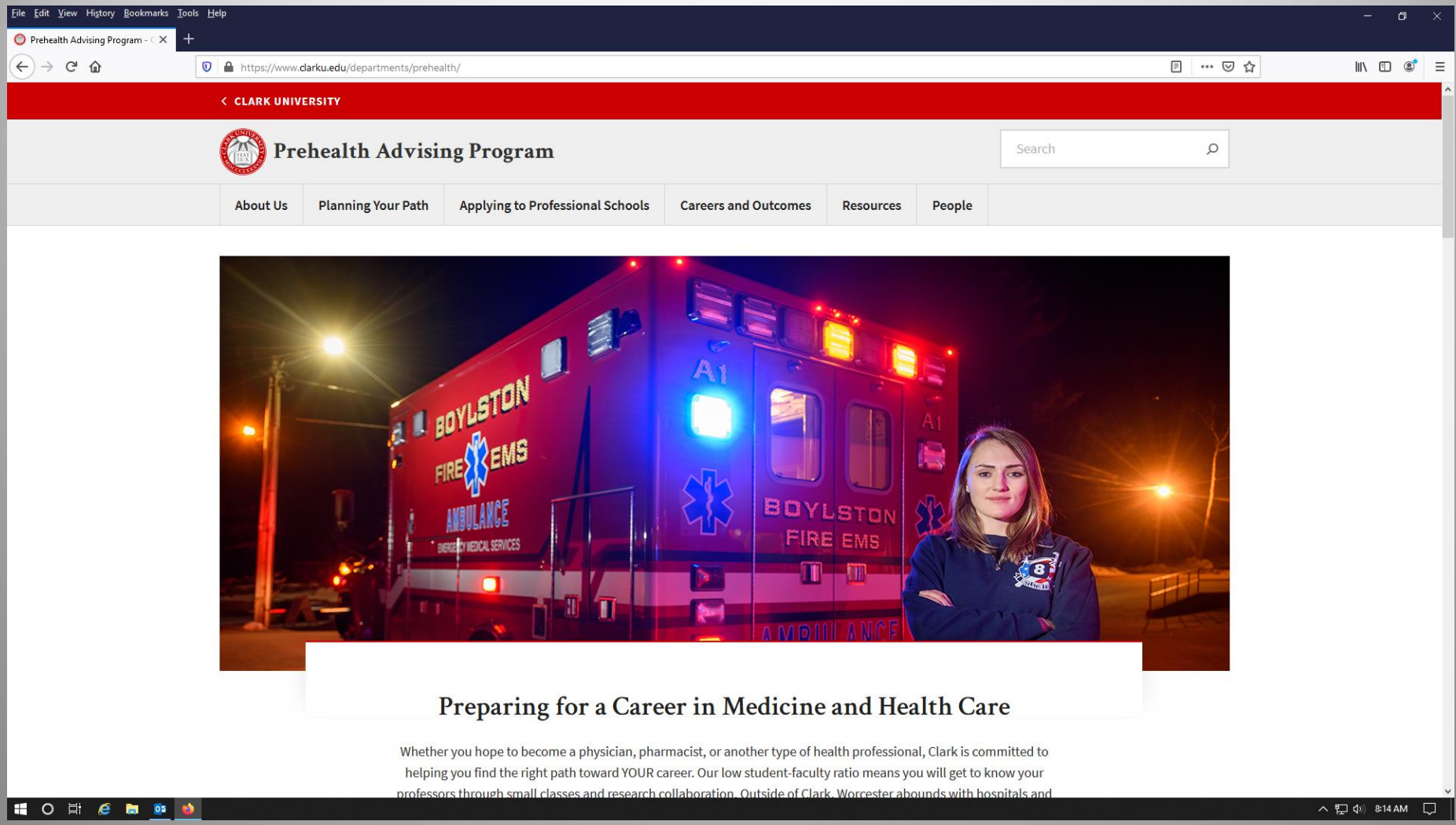
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What is the best way to approach your college career?

1. **Explore**
   - **Courses**
   - **Majors**
   - **Campus activities**
   - **Community**
2. **Enjoy**
   - **All of the above**
   - **Find your passion**
   - **Make time for you**
3. **Focus**
   - **Grades**
   - **Standardized tests (MCAT, GRE, etc.)**
   - **Service**
   - **Application process**



Clark's Prehealth Website



https://www.clarku.edu/departments/prehealth/

Prehealth Advising Program

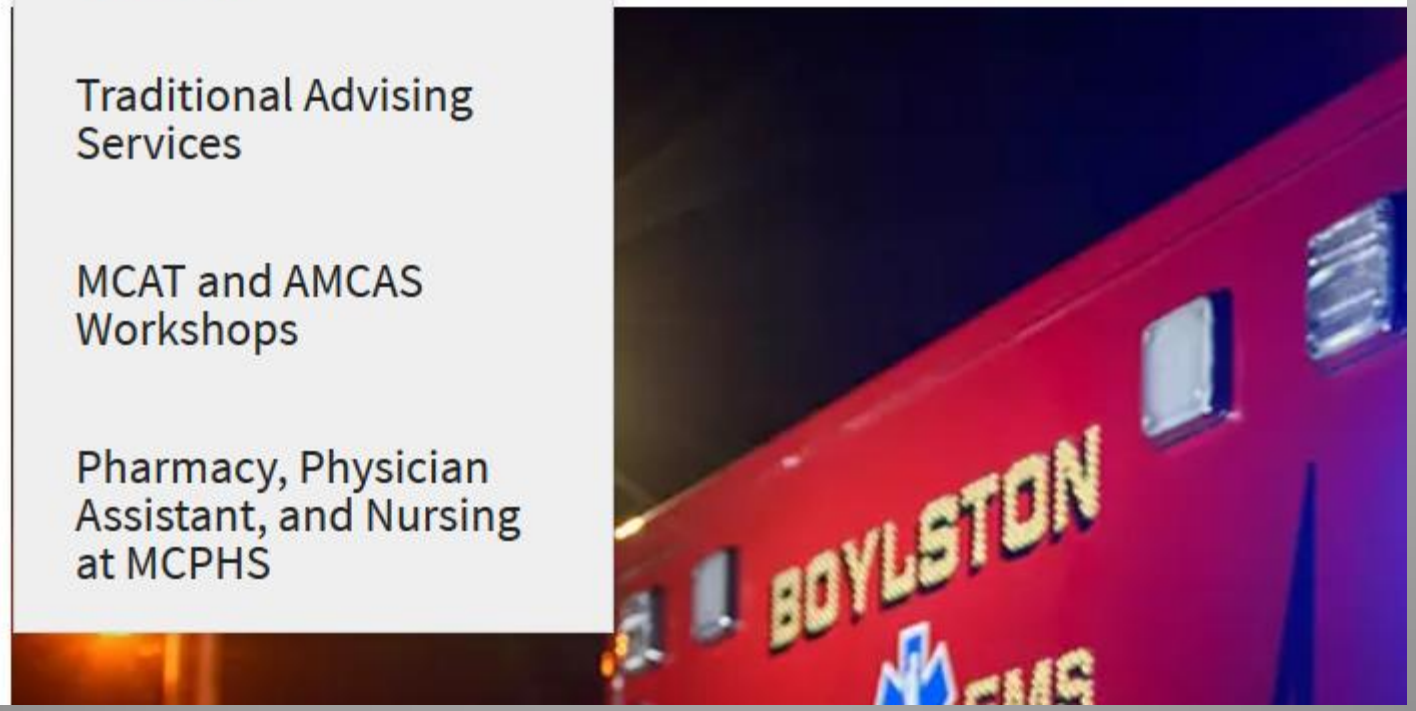
About Us | Planning Your Path | Applying to Profess

Welcome

Traditional Advising Services

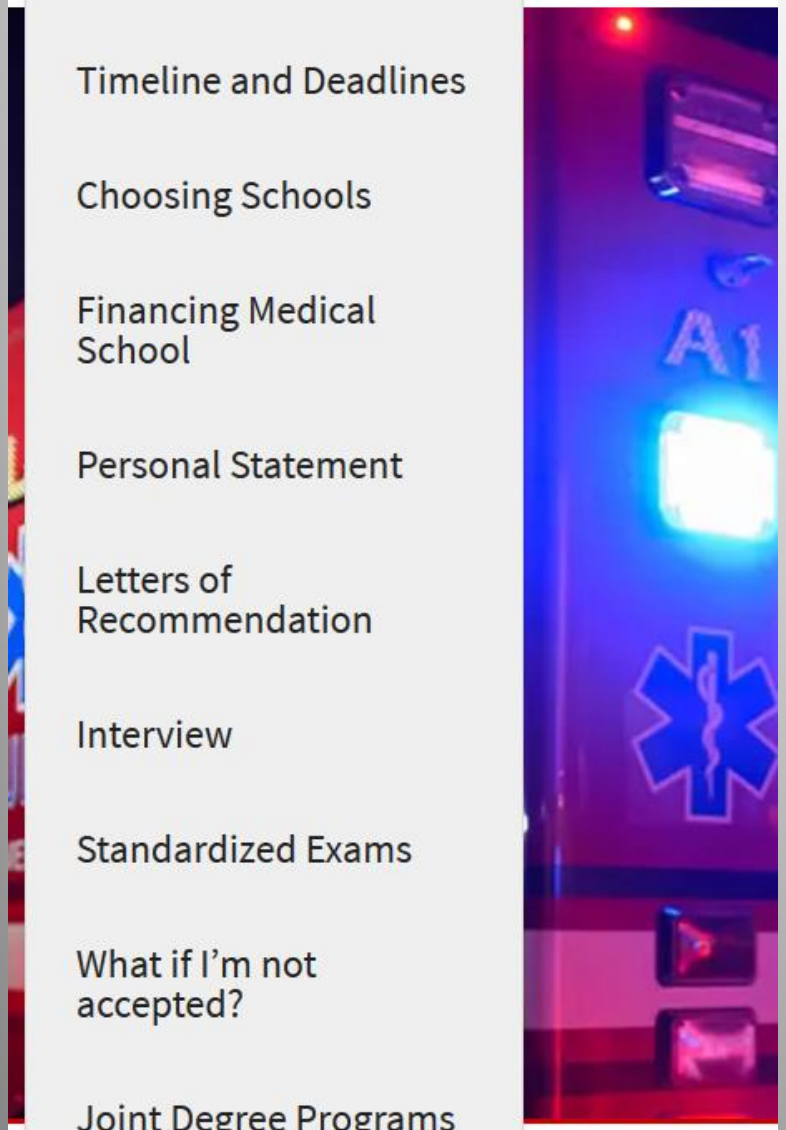
MCAT and AMCAS Workshops

Pharmacy, Physician Assistant, and Nursing at MCPHS



Applying to Professional Schools

- Application Process
- Timeline and Deadlines
- Choosing Schools
- Financing Medical School
- Personal Statement
- Letters of Recommendation
- Interview
- Standardized Exams
- What if I'm not accepted?
- Joint Degree Programs



Resources

People

- Frequently Asked Questions
- Health Profession Schools
- Underrepresented and International Applicants



Hosted by Dr. Ryan Gray

https://medicalschoolhq.net/thepremedyears/

All Access: Med School Admissions Podcast



Christian Essman



All Access: Med School Admissions brings the listeners into informative and entertaining conversations between admissions colleagues. Listeners will learn about a variety of medical schools, what makes their programs unique, and what they are looking for in their prospective students. Most importantly, Christian will lead the discussion on a variety of medical school admissions-related topics where you will get insight directly from the most authoritative sources out there - his admissions friends.

https://case.edu/medicine/md/admission/all-access-med-school-admission-podcast





Hosted by Dr. Adam Cifu

https://bucksbauminstitute.uchicago.edu/programming/clinical-excellence-podcast/

Let us know who you are so we can better help you on your journey!

1. Go to the prehealth website:

https://www.clarku.edu/departments/prehealth/

2. Go to “About Us”
3. Read the Welcome letter
4. Fill out the “form”
5. Submit the form to premed@clarku.edu

https://www.clarku.edu/departments/prehealth/wp-content/blogs.dir/5/files/sites/175/2022/08/Medical-Careers-Advising-Program-Contact-Form.pdf

Final Thoughts

- The health profession is one of the most rewarding careers one can choose.
- It may also be one of the most demanding professions one can choose.
- Start the process of becoming the type of individual to whom you would trust your own health and well-being **now**.
- There are many fields. You will have plenty of time to decide which is most attractive to you.
- We are here to help. Please come see and talk with us soon and often.



dlarochelle@clarku.edu