



We are grateful for you!

Congratulations on making it halfway through this short week! We hope you will find some time to enjoy some rest and community before course completion week begins on Monday. As the semester winds down, we want you to know we believe in you! Good luck on your final papers and exams, stay healthy, and stay connected to Clark over winter break.

#GivingTuesday

December 1 is #GivingTuesday, a global movement that unleashes the power of people and organizations to transform their communities and the world. It's a simple idea: whether you make someone smile, help a neighbor or stranger, show up (and stand up) for an issue or people we care about, or give some of what you have to those who need help, every act of generosity counts — and everyone has something to give. [Click here](#) for ideas on how you can give this year.

Virtual Volunteering and Advocacy

COVID-19 and the need for social distancing have limited safe, in-person opportunities for service, but many organizations still are looking for virtual support. The Community Engagement and Volunteering Office can connect you to remote mentoring roles and other opportunities with Worcester-area organizations. We can also help you find remote opportunities to make a difference in your home community! [Click here](#) to learn more, or [schedule a virtual appointment](#).

Personal Growth Book Clubs

Wellness Education is excited to host two virtual book clubs during Intersession. The books are:

- “The Little Book of Hygge: Danish Secrets of Happy Living” by Meik Wiking
 - “Embrace Hygge (pronounced hoo-ga) and become happier with this definitive guide to the Danish philosophy of comfort, togetherness, and well-being.”
- “The Body is Not an Apology” by Sonya Renee Taylor
 - “World-renowned activist and poet Sonya Renee Taylor invites us to reconnect with the radical origins of our minds and bodies and celebrate our collective, enduring strength.”

These two books have been chosen because we think we could all use a little bit more coziness and self-love this winter. You are welcome to join one or both book clubs, and the books will be provided as free PDFs. Erica Beachy, director of wellness education, and Anna Kathryn Hodges, wellness ambassador, will co-facilitate these groups; each will meet six times — an hour a week over Zoom (one introductory meeting and five meetings to work through each book). Meetings will begin the week of January 4, 2021 and end the week of February 8. If you are interested in one or both of these clubs, email ebeachy@clarku.edu.

Career Connections Corner

Psychology Career and Exploration Virtual Fair

Have you been asking yourself what you can do with a degree in psychology? Learn about career pathways in clinical psychology, organizational psychology, school psychology, art therapy, and more at the Psychology Career and Exploration Virtual Fair.

- Dec. 9, 2020; noon to 4 p.m. EST
- Open to all majors and class years
- [Register here](#)
- If you have any questions, please email anharris@clarku.edu

Goldman Sachs Exploratory Program

Goldman Sachs is committed to diversity and seeks to empower students to have successful careers in the financial services industry. Their Exploratory Programs are interactive, multi-week virtual programs for undergraduate students. These programs are open to all majors and are designed to introduce students to the extensive range of career opportunities in the financial world. The application deadline for the **Goldman Sachs Exploratory Program** (February to June 2021) is Nov. 29.

Check your inbox for the latest CCC Newsletter about Winter Intersession.



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