



## Feeling Crafty?

The Craft Studio, now located on the third floor of the UC, has everything you'd ever want for all your crafting needs. We have embroidery supplies, origami, calligraphy, poster paper, paint, coloring book pages, polymer clay, jewelry-making and knitting supplies, button making, hot glue guns, ribbon, wire, and fabric paint. We also soon will be introducing workshops led by your fellow Clark students. Stop by any time between 10 a.m. and 10 p.m. Hope to see you soon!

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## U.S. National Election: Registration and Mail-In Ballot Requests

All eligible U.S. citizens are encouraged to participate in the voting process. [Visit Clark Votes](#) for information about registering to vote (in Massachusetts or in your home state) and how to cast a ballot — in person, by mail, or absentee. Out-of-state students registered at home should be sure to check their absentee/mail-in ballot [request deadlines and due dates](#) to ensure adequate time to exercise your civic duty.

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## Healthy Eating Habits with Clark Athletics

Join Clark Athletics and Kristen Chulada, campus dietician at Clark University, for a Nutritionist Night on Zoom on **Monday, Oct. 5, from 5 to 6 p.m.**

Kristen, a member of the Collegiate and Professional Sports Dietitians Association, will talk about overall healthy eating tips and habits as well as active nutrition. She will also be preparing Apple Pie Overnight Oats; an ingredients list will come closer to the event.

If you are interested in learning more about healthy eating habits, please [sign up](#) by Oct. 2.

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## Multicultural & First-Generation Student Support Opportunities

MFGSS has launched a new educational scholarship available to support you in meeting urgent academic needs related to your coursework at Clark (e.g., accessing online books, electronical equipment for virtual learning, etc.). We currently are accepting applications for fall 2020; the deadline to receive support is Oct. 31. Apply on the [MFGSS website](#). Domestic students of color and/or first-generation Clark University undergraduates may apply for these scholarships in order to make cocurricular experiences more accessible. DACA and undocumented students are eligible. Email questions to [aa\\_ace@clarku.edu](mailto:aa_ace@clarku.edu).

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## Career Connections Center Reminders

It is easy to connect with your career adviser. Log on to [Handshake](#), click “Career Center,” select “Appointments,” choose “schedule a new appointment,” select “Career Connections Center,” then pick your category and time.

### Upcoming Events:

- What’s in It for Me? Managing Career Fair Jitters and Finding Success. Thursday, Oct. 1, 2–3 p.m. EDT; [Learn more](#)
  - Undergraduate Women and Diversity Insights Day with Eaton Vance. Friday, Oct. 2, 2–3 p.m. EDT; [Learn more](#)
  - Don’t forget to register for the [Innovation, Impact, and Inclusion Virtual Career Fair](#) on Wednesday, Oct. 21, 12–4 p.m. EDT
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## Get Clark Engaged!

[Clark Engage](#) is the hub for opportunities to connect with clubs, events, and offices. You are encouraged to log in, set up your profile information, and request membership in organizations on campus to stay up-to-date with activities, meetings, and the latest campus news.

Each week, there are dozens of events, dialogues, and opportunities to meet up — virtually and in person with other Clarkies!

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## Center for Counseling and Personal Growth Sessions and Discussion Groups

Clark's Center for Counseling and Personal Growth (CPG) has four **private rooms available** on the fourth floor of Goddard Library (rooms 412, 415, 416, and 417) to use for discussion groups. To reserve a room for your session, please [email Mary Hynes](#), CPG administrative assistant. Reservations are required.

CPG is facilitating 60-minute online drop-in discussion groups to help students manage adjustment challenges related to COVID-19. Topics include student identity and issues on campus and around the globe. Whether you're attending classes remotely or on campus, these discussion groups are designed to provide a supportive space to connect and exchange ideas with one another. They do not provide mental health treatment but are a place to talk and connect with others. [Click here](#) for a full list and schedule of groups.



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