

DISCOVER WORCESTER!

As a Clark student, you are a member of the campus community, which welcomes your creativity, scholarship and exploration. But you are also part of the community in the Main South neighborhood that surrounds Clark along with the rest of the Worcester neighborhoods. Being an active and involved member of the Main South and Worcester communities will only enhance your years at Clark. The resources on these Web pages, will help you connect to life beyond campus. Take advantage of these opportunities to make meaningful connections with others while enjoying all the culture, fun and good food the city has to offer. Remember that the residents of Main South are your new neighbors, and you should have the same respect for them as you do in your home town.

CHAPTER 1: BE INFORMED!

A key step in being a good community member is knowing your neighborhood. Here is a brief history of the area to give you a sense of what your time at Clark will be like while exploring life outside of the classroom.

The defined boundaries of Main South are Park Ave, May and Gardner Streets, Beaver and Freeland Streets, and the Conrail Tracks (but Chandler Street/Madison Street to Webster Square/Mill Street are usually also considered Main South). Clark is located in the heart of Main South, a neighborhood rich in history, with people of cultural, national, and economic diversity.

A once thriving industrial area, Main South declined after WWII as residents moved into nearby suburbs. With the establishment of the Main South Community Development Corporation (CDC) in 1986 and a partnership forged with Clark University and neighborhood residents and businesses, Main South is thriving once again. When you stroll through Main South today, you see Victorian homes restored to their colorful grandeur and fabulous shops and restaurateurs on every street. You'll find children playing in clean, safe, parks; and, you can see Clark students, faculty, and staff, living happily right along side

their Main South neighbors.

The University Park Partnership (UPP) illustrates Clark's commitment to its surrounding community. An award-winning national model for successful University-community partnerships, the UPP provides neighborhood residents with exceptional educational, recreational, business and housing opportunities. Through this trusting relationship between Clark and its community, the UPP created the highly respected University Park Campus School for neighborhood kids in 7-12 grades, which offers them free tuition to Clark if they meet admissions requirements. Neighborhood youth are also encouraged to use Clark facilities during the summer recreation program, through the church-sponsored basketball leagues held in Clark's gymnasium, and at the pool for family swim nights. The UPP has been able to offer families affordable housing, a new Boys and Girls Club, and new athletic facilities for Clark and the surrounding community.

With all of these incentives to live in Main South, Clark students are becoming increasingly aware of all the opportunities this immediate area has to offer them.

Know the News!

As a new student, how do you find out what's going on? Pick up one of these local publications, most of which are free in the UC!

The Worcester Telegram and Gazette is an award-winning daily local newspaper offering world, regional and local news, opinions and columnists. www.telegram.com

Worcester Magazine is a progressive local weekly newspaper covering Worcester County. www.worcestermag.com

Worcester Business Journal serves the business community of Central Massachusetts. www.wbjournal.com

The Pulse is a monthly lifestyle and entertainment magazine designed for young adults living, working, and going to college in Worcester. Find out what's hot! www.thepulsemag.com

InCity Times is a bi-weekly publication which celebrates the culture and diversity of Worcester's neighborhoods, reporting on events and news of interest to inner-city Worcester.

WCCA TV is a non-profit company which provides public access to Worcester's cable 13. The station also provides media and computer literacy training. <http://users.rcn.com/wcca>

The Social Web (www.socialweb.net) This is a community-powered Web site where you can find out what is going on in Worcester such as events at restaurants, clubs, and attractions submitted and rated by members.

Epodunk.com This site will help you find whatever you are looking for, from local attractions, to places to eat, even to fun facts you never knew about Worcester.

Worcesteractivist.org is a directory of progressive and radical groups, organizations, projects, and resources in and around the greater Worcester area

Worcester.IndyMedia.org is a grassroots, community-based collective striving to provide universal access to news media without corporate filtering. This is a progressive outlet committed to amplifying the voices of everyday people and especially those working for justice and equality in central mass and around the world **www.worcester.indy-media.org**

Wormtown.org is a complete rundown of upcoming Central Massachusetts shows complete with club addresses, phone numbers, and web page links, visit the Wormtown.org listings section. Its main goal is to serve as an outlet for people's creativity, be it through concert reviews, photographs, interviews with people's favorite bands or writers, or art work.

Get to anywhere you want to go!

You can walk to any location in Main South, however there are some very interesting places to visit, restaurants to try, and things to see outside of the immediate neighborhood. If you don't have a car, you can take the Consortium Shuttle, the Worcester Regional Transit Authority (WRTA), Escort Service, or the Student Council van to get around locally. If you want to travel outside of Worcester, you can take transportation from downtown's Union Station (train) or the Intercity Bus Terminal.

The Consortium Shuttle helps you get to other campuses in the Worcester area in order to use their libraries, go to social events, or even classes. The shuttle can also get you to your job or internships, as well as a few other local spots. You can pick up the shuttle outside of Atwood Hall on Downing Street. It leaves every hour on the 26th minute with the first shuttle leaving at 7:26 a.m. and the last at 6:26 p.m. Get more information at www.cowc.org/shuttle.

The Intercity Bus Terminal is serviced by two bus companies, **Greyhound Lines, Inc.** and **Peter Pan Bus Lines**. For fares and schedule information on Greyhound, call **1-800-231-2222**. More information on Peter Pan, which only services the northeastern seaboard, is available via a toll-free number, **1-800-343-9999**.

Student Council Van provides regular transportation to the train station, Greendale Mall, and other attractions on Fridays and Saturdays. Clubs and organizations may check out a van for off-campus trips with a two-week notice. Van rentals are \$55 per day with unlimited miles. Drivers must be at least 21 years old and approved by the Business Office to drive. Get registration forms for renting vans and find out more about the weekend schedules at www.clarku.edu/offices/dos/studentactivities/van.shtml. Look out for times and pick up places on the Student Council Website.

Student Escort Service provides all members of the Clark community with escort service from 5pm to 4 a.m. during the academic year, within a quarter of a mile from campus. Using two vans, this service provides a safe alternative to walking home in the dark, and averages about 120 rides per night. Call **508-793-7777 (x7777)** from an on-campus phone) for a ride.

Union Station is not only a means to get to and from more than 500 cities nationwide, but also a cultural site itself. You can get to the beautifully renovated Union Station by bus if you transfer to the 1,5,12 or 15 at City Hall. Find out schedule information at Amtrak.com or the MBTA Commuter Rail information at www.mbta.com/travelingt/schedulescommuterrail.asp.

WRTA can really get you anywhere in Worcester. You can pick up the bus outside of the University Center, on Main and Grand streets, or at Main and Beaver streets. The lines running at these stops are 19S, 26S, and 33, inbound being towards downtown. You can transfer to any of the other bus lines by heading inbound to City Hall and changing there; however, keep in mind that the bus only runs from 8 a.m.-4:30 p.m. Monday through Friday. Find out more about the WRTA at www.therta.com.

CHAPTER 2: WHERE TO GET WHAT YOU NEED

Classes and co curricular activities take up most of your time at Clark. But you still need to buy groceries, get your dry cleaning done and purchase other supplies for daily life. Here is to nearby business places that can meet these basic needs, as well as other resources where you can do a more detailed search.

ALTERATIONS/DRY CLEANING

- | | |
|--|-----------------------|
| White Cleaners Launderers & Shoe Repair
199 Chandler Street, Worcester, MA 01609 | (508) 757-1964 |
| Trippi's Tailors & Cleaners
1025 Main Street, Worcester, MA 01603 | (508) 756-9438 |
| Zoots Dry Cleaning
633 Park Ave, Worcester, 01603 | (508) 363-3700 |

ART SUPPLIES

- | | |
|--|-----------------------|
| C.C Lowell's (<i>plus framing</i>)
258 Park Ave, Worcester, MA 01609 | (508) 757-7713 |
|--|-----------------------|

BOOK STORES

Tatnuck Bookseller

335 Chandler Street, Worcester, MA 01602

(bus 65)

(508) 756-7644

Barnes and Noble Booksellers

541 Lincoln Street, Worcester, MA 01605

(508)853-2236

GYMS

If you are looking for an alternative from the fitness center at Kneller, search www.citysearch.com and sort by distance. There are over 20 gyms in the Worcester area—some in walking distance, some only for women, and some connected to community centers offering other services. Take a look to figure out which gym would suit your needs best.

HAIR/NAIL SALONS

In the immediate area of Clark you can find many places that offer one or all of these services. These particular spots are in walking distance. If you are looking for something more specific, check out citysearch.

Bellissimo European Medi Spa

372 Chandler Street, Worcester, MA 01602

(508) 799-7767

Capelli Avanti Salon

104 Grove Street, Worcester, MA 01605

(508) 757-3855

D&S Barber Styling (508) 756-6300

1331 Main Street, Worcester, MA 01610

Don's Barber & Styling (508) 791-7863

1066 Main Street, Worcester, MA 01610

Glady's Beauty Salon Spa (508) 793-9941

(notable services include barber, braids, weaves, perms)

671 Main Street, Worcester, MA 01610

Lucy's Fashion Nails (508) 757-9836

976 Main Street, Worcester, MA 01610

Salon Paris (508) 755-4504

413 Chandler Street, Worcester, MA 01602

Smart Cuts Plus (508) 752-3161

932 Main Street, Worcester, MA 01610

Studio 1 Hair Design (508) 791-2423

(tanning and nails offered as well)

977 Main Street, Worcester, MA 01610

HARDWARE STORES

Barrows I B & Co. (508) 752-7191

15 Webster Street, Worcester, MA 01603

Home Depot (508) 852-6260

130 Gold Star Boulevard, Worcester, MA 01606

Rocky's Ace Hardware
638 Chandler Street , Worcester, MA 01602

(508) 363-4680

True Value
548 Park Avenue, Worcester, MA 01603

(508) 754-1731

HOSPITAL AND HEALTH SERVICES

For general health problems or related information, visit Health Services at 501 Park Avenue. For emergencies, this is the closest hospital:

AIDS Project Worcester Inc
85 Green Street, Worcester, MA 01604

(508) 755-3773

UMASS Memorial Medical Center
119 Belmont Street, Worcester, MA 01605

**Planned Parenthood Center
of Central Massachusetts**
631 Lincoln Street, Worcester, MA 01605

(508) 854-3330

**Health Awareness Services
of Central Massachusetts**
405 Grove Street Suite 2, Worcester, MA 01605

(508) 756-7123 or (800) 637-5466

MALLS

Auburn Mall
385 Southbridge St, Auburn, MA 01501
(bus route 26S outbound)

(508) 832-6000

Blackstone Valley Shoppes

Intersection of Routes 146 and 122A , Millbury , MA 01527

Greendale Mall

7 Neponset Street, Worcester, MA 01606

(bus routes 60 N, 30N)

(508) 856-9400

Lincoln Plaza

541 Lincoln Street, Worcester, MA 01605

(bus routes, 17, 23, 26N)

Including: Barnes & Noble , Dick's Sporting Goods, Lowe's Home Improvement Warehouse, Stop & Shop , Target , Bally's Fitness Center

Solomon Pond Mall

601 Donald Lynch Blvd, , Marlborough, 01752

(508) 303-6255

MARKETS

Big Y Foods

100 Mayfield Street, Worcester, MA 01602

(508) 885-0003

Cebao Market *(Spanish foods)*

805 Main Street, Worcester, MA 01610

(508) 831-0604

D'Errico's Market *(Italian Foods)*

141 E Central Street, Worcester, MA 01605

(508) 797-9686

Ed Hyder's Mediterranean Market

408 Pleasant Street , Worcester, 01609

(508) 755-0258

- HA-Tien Market** (*authentic oriental foods and spices*) (508) 831-7431
892 Main Street, Worcester, MA 01610
- Kumasi Market** (*African, American, Spanish*) (508) 754-2215
852 Main Street, Worcester, MA 01610
- Living Earth** (*natural and organic foods*) (508) 754-4840
232 Chandler Street, Worcester, MA 01609
- Mekong Market** (*Oriental groceries*) (508) 755-4843
747 Main Street, Worcester, MA 01610
- Price Chopper** (*open 24 hours*) (508) 363-4870
50 Cambridge Street, Worcester, MA 01610
- Santiago's Plaza** (508) 752-4222
(*carrying many unique products that cater specifically to the taste of the Hispanics/Latinos from Central and South America, and the Caribbean*)
1000 Main Street, Worcester, MA 01610
- Shaw's Supermarkets** (508) 852-7670
112 Gold Star Blvd, , Worcester, MA 01606
- Trader Joe's** (508) 755-9560
77 Boston Turnpike, Shrewsbury, MA 01545
(bus 15)
- Twin's Oriental Market** (*Oriental market*) (508) 798-2547
118 Cambridge St. , Worcester, 01603

Wal-Mart (508) 835-1101
137 W. Boylston Street, West Boylston, MA 01583
(bus 30N)

Worcester India Grocery (508) 754-3407
305 Shrewsbury Street, Worcester, 01604

MOVIE RENTALS

Blockbuster Video (508) 752-1640
68 Stafford Street, Worcester, MA 01603

Hollywood Video Rentals (508) 754-7200
388 Park Ave, Worcester, MA 01610

PHARMACY

CVS (508) 792-3866
283 Park Ave, Worcester, MA

CVS (508) 753-3297
Webster Square Plaza, Worcester, MA 01602

Familymeds Pharmacy (508) 756-6422
945 Main Street, Worcester, MA 10610

Walgreen's (508) 767-1732
320 Park Avenue , Worcester, MA 01610

TANNING

Tanorama (*student discounts available with ID*)

(508) 753-2777

535 Park Ave, Worcester, MA

WORSHIP

If you are seeking a place of worship, here are the closest in proximity to Clark. Please check citysearch for the hundreds of other options.

Clark University Religious Organizations

Clark Christian Ministry (*Protestant*)

Clark University Pagan Alliance (CUPA)

Hillel (*Jewish*)

Muslim Student Association (MSA)

Newman Association (*Catholic*)

Clark Area Faith Communities

BUDDHIST

Vietnamese Buddhist Center

(508)755-7817

96 Dewey Street, Worcester, 01610

Hindu Sarvadev Hindu Mandi

6 Main Street, Oxford, 01540

(508)987-8441

India Society of Worcester

152 Main Street, Shrewsbury, 01545

(508)842-3737

JEWISH

CHABAD LUBAVICH ORTHODOX

Yeshiva Tifereth Israel/Sons of Jacob

22 Newton Avenue, Worcester, 01602

(508)752-0904

CONSERVATIVE

Congregation Beth Israel

15 Jamesbury Drive, Worcester, 01609

<http://www.bethisraelworc.org/>

(508)756-6204

MODERN ORTHODOX

Shaarai Torah West Synagogue

835 Pleasant Street, Worcester, 01602

<http://www.shaaraitorah.org>

(508)791-0013

REFORM

Temple Emanuel

280 May Street, Worcester, 01602

www.temple-emanuel.org

(508)755-1257

Temple Sinai

661 Salisbury Street, Worcester, 01609

<http://www.templestinaiworchester.org>

(508)755-2519

MUSLIM

Islamic Society of Greater Worcester

57 Laurel Street, Worcester, MA 01605

<http://members.aol.com/khananis/>

508-752-4377

NEO-PAGAN/WICCAN

Bones and Flowers

980 Main Street, Worcester, 01603

bonesand@gis.net

(508)798-3330

ORTHODOX CHRISTIAN

Saint Spyridon Greek Orthodox Cathedral

102 Russell Street, Worcester, 01609

(508)791-7326

PROTESTANT

American Baptist

First Baptist Church of Worcester

111 Park Avenue, Worcester, 01609

www.fbc-worc.org/

(508)755-6143

Congregational**United Congregational Church**

6 Institute Road, Worcester, 01609

(508)752-3785

Episcopal**All Saints Episcopal Church**

10 Irving Street, Worcester, 01609

(508)752-3766

Lutheran**Trinity Lutheran Church**

73 Lancaster Street, Worcester, 01609

(508)753-2989

Methodist**Belmont Street AME Zion Church**

21 Belmont Street, Worcester, 01605

(508)754-4539

Presbyterian**First Presbyterian Church**

125 Holden Street, Worcester, 01606

(508)852-2111

Seventh Day Adventist**Pleasant Street Church of Seventh Day Adventist**

370 Pleasant Street, Worcester, 01609

(508)797-5009

United Church of Christ**Pilgrim Congregational Church**

911 Main Street, Worcester, 01610

(508)753-6970

United Methodist

Aldersgate United Methodist Church

1048 Main Street, Worcester, 01603

(508)755-2867

Roman Catholic

Saint Peter's RC Church

929 Main Street, Worcester, 01610

(508)752-4674

Saint Andrew the Apostle RC Church

16 Vineyard Street, Worcester, 01603

(508)754-6057

Quaker

Worcester Pleasant Street Friends Meeting

901 Pleasant Street, Worcester, 01602

(508)754-3887

Unitarian

First Unitarian Church

90 Main Street, Worcester

(508)757-2708

Unitarian Universalist Church of Worcester

90 Holden Street, Worcester

(508)853-1942

CHAPTER 3: ENJOY LOCAL CULTURE!

Whether you are a nature lover, history or architecture buff, a fine arts fan, or just interested in exploring more of town, Worcester has the site for you. Expand your mind outside of the classroom by checking out the city's parks and museums. Special events and exhibits can be searched on individual websites, www.worcestermass.org, or on the Social Web.

American Antiquarian Society

(508) 755-5221

(American History Library—free tours Wed @3)

185 Salisbury Street

www.americanantiquarian.org

Blackstone River National Heritage Corridor

Broadmeadow Brook Visitors Center

(508) 754-7363

(Conservation Center, Wildlife Sanctuary, Historical Mills—free for Worcester residents)

414 Massosoit Road, Worcester

www.massaudibon.org

Ecotarium

(508) 929-2700

(Center for Environmental Exploration—\$6 with Clark ID)

222 Harrington Way, Worcester

www.ecotarium.org

Bus 18

Higgins Armory Museum**(508) 853-6015***(Interactive Museum for Arms and Armor in the Middle Ages—\$8.)*

100 Barber Ave, Worcester

www.higgins.org**Bus 6N, 30N****Salisbury Mansion****(508) 753-8278***(Exhibitions and special programs are constantly changing)***www.worcesterhistory.org/mansion.html**

40 Highland Street

Worcester Art Museum**(508) 799-4406***(Free for all on Sat 10-12; otherwise, \$6 with Clark ID. Bus 32, 6N)*

55 Salisbury Street

www.worcesterart.org**Worcester Center for Crafts****(508) 753-8183***(A place for exhibitors, shoppers, students, and anyone else interested in the visual arts)*

25 Sagamore Road

www.worcestercraftcenter.org**Worcester Historical Museum****(508) 753-8278**

30 Elm Street

www.worcesterhistory.org

CHAPTER 4: MAKE A DIFFERENCE!

There are so many things that Worcester offers you—why not give something back? Whether it's volunteering at an organization in the area, incorporating the neighborhood into your classroom studies, doing community work-study hours, or maybe organizing a food drive for local shelters through an internship, Worcester and particularly Main South, has a wide variety of opportunities for you to get involved in the community and make a real difference in someone's life.

Community Engagement and Volunteering Center (CEV)

Located in Corner House, the CEV Center helps students and faculty can get the help and support they need to get involved with the community. Here is a list of the things that the CEV Center does on and off campus. For more detailed information, including a photo gallery and updated info, go to CEV's Web site,

<http://www.clarku.edu/local/communityengagement/>.

Advice CEV advises three different student groups on campus. The Making A Difference Scholars, or MADS, includes about 10 students from each class who have received scholarships for demonstrating outstanding commitment and leadership in service endeavors while in high school; The Fiat Lux honor society, only for seniors, which recognizes academic excellence, leadership and sustained commitment to community service; and, the Scholarship For Service students who receive an education award after completing 300 hours of service during the year.

Agencies/Volunteer Center—CEV has a comprehensive list of agencies on file. Students are welcome to get resources and support during Volunteer Center office hours, M-F, 9-5, or call 421-3785 with questions. A sample of about 20 agencies where students frequently volunteer is also on the website under ‘agency listings.’

CEVolunteer—Every month a Clark volunteer is nominated by fellow students for their work in the community. An article with picture is featured on the website, in the newsletter, and in the Scarlet.

Events—CEV sponsors many different events from special volunteer days, to midnight fundraising occasions, to community business fairs, and much much more.

Food For Thoughts—Twice a semester, CEV works with the MADS to host a forum for the Clark Community to learn about and further discuss issues which are/should be important to the community. It is a safe space for participants to speak their mind so that radicals and conservatives alike can listen and learn from each other. The formats of each dialogue can range from activities, to discussions, to speakers, to other creative arrangements that will impact the participants most effectively. Free food is served!

Newsletter—CEV puts out a monthly publication highlighting upcoming events, new volunteer opportunities, community job/internship postings, and grant possibilities.

STUDENT-DIRECTED SERVICE GROUPS

You can also get involved through contacting one of these student-directed service groups on campus. These groups consistently make a positive difference in the community.

All Kinds of Girls (AKOG) is a mentoring program sponsored by the Women's Studies Program for young neighborhood girls. Meeting every Saturday with their Clark student mentors, the girls explore their creativity and express their ideas, culminating in a theater production at the end of the year. www.clarku.edu/departments/womensstudies/akog.shtml.

The Community Action, Reform, and Education Initiative (CARE) facilitates student involvement by taking daily trips to local shelters where they help with food preparation and other needs. CARE members also work to inform the entire Clark student body about the issues and challenges that are present in this community through events like the Hunger Banquet and their 'camp out for hunger' during Hunger Awareness Week which was featured in the Worcester Telegram & Gazette.

Clark University Brothers and Sisters (CUBS) provides positive role models for children in the Main South neighborhood by pairing a Clark University student with an elementary school child. They spend at least two hours a week together doing whatever activities they choose, during which the Clark student will listen to and help guide their little brother or sister. www.clarku.edu/students/CUBS/

Rotaract is a community service organization formed at Clark to get students aware of and involved with different service events in the community such as local fundraising walks, holiday basket making, and building houses through habitat for humanity. www.rotary7910.org/rotaract/clark.html

Clark's Water Watch Chapter is part of a greater statewide effort to raise the level of public awareness about water-related issues and to improve the quality of water in Massachusetts, which has the second worst in the country. Clark Water Watch members participate in water testing, environmental education, and/ or coordinating events such as clean-ups, community forums, and press conferences on a regular basis. www.waterwatchonline.org/ma/maww.asp?id2=7892

Community-Based Learning Another way to get involved in the neighborhood is by taking Community-Based Learning classes, an innovative method of instruction where students learn by means of active participation in service to the community. Sometimes called Service Learning, students meet actual needs in the community and connect their experiences working in the community to the material they learn in the classroom. A wide variety of departments offer such a curriculum. For example, education classes observe, tutor, and teach in local schools, language classes have helped neighborhood ESL adults with their resumes, and management classes help local businesses improve their public profile by building or improving upon their Web sites. Look in the course catalog—www.clarku.edu/catalog—for classes which offer this teaching style, because it can be a great alternative to traditional classroom learning.

As Jason Green '05 from said after taking a business ethics class, “This course is not just about creating successful businesses, it’s about using all the tools we have learned as management majors during our time at Clark...to help local businesses...to help members of the community. That’s the real ethical lesson of the course.”

Internships and Work-study If you would like to have an internship in the community, the CEV Center has mostly nonprofit opportunities which are posted to the CEV bulletin board, online newsletter, and in the CEV files. However, if your interests are in different fields, you should contact **Eric Saczawa** at **Career Services at x7258** or **esaczawa@clarku.edu**

Clark does offer work study positions in the community. If you would rather work at a neighborhood organization than in one of the on-campus departments, contact the Office of Financial Assistance, who coordinate the work study program, **x7478**.

RIGHTS AND RESPONSIBILITIES

If you do decide to get involved with the community, there are some responsibilities you have as a Clark student, as well as some expectations that you should have for the agency where you are spending time. The partnerships that already exist between Clark and its neighbors act as a fabulous role model for the attitude you should have for the people with which you volunteer. Both parties have skills, ideas, and backgrounds that are useful to each other’s further education and which strengthen their relationships; remember not to shut yourself off to the

possibility that you could be benefiting from this experience just as much, if not more, than those who you have volunteered to assist.

Your Responsibilities:

- You are making a commitment—only make it if you can keep it
- Remember that if you do not follow through, you are doing a disservice to the agency and the clients you serve
- Always call the agency in advance if you are unable to attend a site visit
- When you are outside of your volunteer position, present a good public image by respecting the confidentiality of the people with whom you are working and serving
- be a good listener
- use appropriate spoken and body language and respect the agency's dress code if there is one
- If you are having a problem with the particular agency, client, coordinator or other volunteer, speak directly to the agency supervisor or CEV coordinator

Your Rights:

- You should be treated with respect at all times
- Your time should be well used
- You are entitled to the training necessary to do your job
- You are entitled to have clear expectations and acceptable supervision
- Your ideas and concerns should always be heard
- Your contribution and dedication should be appreciated

CHAPTER 5: BE A GOOD CITIZEN

It is your constitutional right and your obligation as a civically engaged Clarkie to speak up! If you want to make yourself heard, make changes, or get involved with campaigns, here is a quick guide to navigate government officials and procedures in the Worcester community.

You are represented by elected and appointed government officials at the municipal, state, and federal levels. You are a constituent whether you are registered to vote here at Clark, or at another address (e.g., your parents' home), or even not at all, and even whether you are a US citizen or not.

If you run into a problem with a government bureaucracy, have an idea about something that the government should do, or want to weigh in with your opinion about a pending piece of legislation or other government business, pick up the phone or write a letter or an e-mail. If your mailing address is 950 Main St., Worcester, MA 01610, these elected officials represent you:

United States Federal Government

The President of the United States is elected to a four year term. The next election for president will be in November 2008.

President of the United States George W. Bush (Republican)

The White House, 1600 Pennsylvania Avenue, NW, Washington, DC 20500.
Email: president@whitehouse.gov, (202)456-1111

The U.S. Senate consists of 100 Senators, two from each state. They are elected to six year terms in even numbered years and are syncopated within a state. The senators representing Massachusetts are:

U.S. Senator Edward M. Kennedy (Democrat, next election, November 2006)
317 Russell Senate Office Building, Washington, DC 20510. To send e-mail go to <http://www.kennedy.senate.gov/contact.html>,
(202)224-4543

U.S. Senator John F. Kerry (Democrat, next election, November 2008)
304 Russell Senate Office Building, Washington, DC 20510. To send e-mail go to www.kerry.senate.gov/bandwith/contact/email/html, (202)224-2742

The U.S. House of Representatives consists of 435 voting members, each elected to represent a district of about 600,000 people. Members are elected to two year terms. The next election will be in November 2006. Our Congressman in the U.S. House of Representatives is:

U.S. Congressman James P. McGovern (Democrat), 430 Cannon Building,
Washington, DC 20515
To send e-mail go to <http://www.house.gov/mcgovern/emailredirect.html>,
(202) 225-6101

Massachusetts State Government

The Governor of Massachusetts is elected to a four year term. The next election for governor will be in November 2006.

Governor W. Mitt Romney (Republican)
Office of the Governor, Room 360, Boston, MA 02133

To send e-mail go to

**www.mass.gov/Agovwebmail/WebMailPageControl.ser?level=101
(617) 725-4005**

There are 40 members of the Massachusetts State Senate, each elected to represent a district of about 150,000 people. Members are elected to two year terms. The next election will be in November 2006. Our State Senator in the Massachusetts State Senate is:

State Senator Edward M. Augustus, Jr. (Democrat)

State House, Room 413-B, Boston, MA 02133,
Edward.Augustus@state.ma.us, (617) 722-1485

There are 160 members of the Massachusetts State House, each elected to represent a district of about 37,500 people. Members are elected to two year terms. The next election will be in November 2006. Our State Representative in the Massachusetts State House is:

State Representative John J. Binienda (Democrat)

State House, Room 540, Boston, MA 02133,
Rep.JohnBinienda@hou.state.ma.us, (617)722-2090

Worcester Municipal Government

The Mayor, City Council, and School Committee of Worcester are elected in non-partisan municipal elections. The next election for municipal government in Worcester will be held in November of 2005. The Mayor and five other members of the City Council, and all six members of the School Committee are elected at large. Five members of the City Council are elected

to represent districts of about 34,000 people. Worcester operates under a City Manager form of government where city government is run, on a day to day basis, by a City Manager hired by vote of the City Council. Similarly, the Worcester Public Schools are run by a School Superintendent who is hired by vote of the School Committee.

The City Manager of Worcester can be contacted in the following ways:

City Manager Michael V. O'Brien, City Hall, Room 309, 455 Main Street, Worcester, MA 01608,

CityManager@ci.worcester.ma.us, (508)799-1175

The Mayor and all members of the Worcester City Council can all be reached by mail, phone, and e-mail. The mailing address is City Hall, Room 112, 455 Main Street, Worcester, MA 01608. The phone number is (508)799-1049.

Mayor and At-Large City Councilor Timothy P. Murray (Democrat),
mayor@ci.worcester.ma.us

District City Councilor Barbara Haller (Democrat), HallerB@ci.worcester.ma.us

At-Large City Councilor Juan A. Gomez (Republican),
GomezJ@ci.worcester.ma.us

At-Large City Councilor Dennis L. Irish (Democrat), IrishD@ci.worcester.ma.us

At-Large City Councilor Konstantina B. Lukes (Democrat), LukesK@ci.worcester.ma.us

At-Large City Councilor Michael C. Perrotto (Democrat), PerrottoM@ci.worcester.ma.us

At-Large City Councilor Joseph M. Petty (Democrat),
PettyJM@ci.worcester.ma.us

The Worcester School Committee is composed of six members elected at-large and is chaired by the Mayor. The Superintendent and Members of the Worcester School Committee may be reached by mail at Durkin Administration Building, 20 Irving Street, Room 108, Worcester, MA 01609.

School Superintendent Dr. James Caradonio, caradonio@worc.k12.ma.us, (508)799-3115
Mayor Timothy P. Murray (Democrat), mayor@ci.worcester.ma.us, (508)799-1153
School Committee Member Jack L. Foley (Democrat), jfoley@clarku.edu, (508)853-3593
School Committee Member Dr. Ogretta V. McNeil (Democrat), ovmcneil@aol.com, (508)792-0230
School Committee Member Mary Mullaney (Republican), kearneykr@aol.com, (508)791-0808
School Committee Member Joseph C. O'Brien (Democrat), joesoread@aol.com, (508)755-6037
School Committee Member Brian A. O'Connell (Democrat), brianoc@rcn.com, (508)792-6789
School Committee Member Kathleen M. Toomey (Democrat), kate@katetoomey.com, (508)798-1815

Voting in Government Elections

You Can't Vote if You Don't Register

In order to vote in the US you must be at least 18 years of age (by the day of the first election in which you intend to be voting), a citizen of the US, and a resident of the community in which you intend to vote. You must also be registered to vote. Registration requires you to complete and submit a short

printed form with information that is accurate. If you attempt to vote illegally or provide false information in registering you can be criminally prosecuted. Laws about registration are generally established by state governments and therefore may vary from one state to the next. In Massachusetts you must be registered at least 20 days before any primary or election in which you would like to vote.

Choosing Where to Register

Most students who are otherwise eligible have a choice about registering to vote at their school address or at the address of their parents' home. This is a personal decision where reasonable and intelligent people come to different conclusions based on their own circumstances and judgment. The choice is yours but you cannot vote from two different addresses at the same time so you must choose!

On the one hand, it is usually easier to stay informed about candidates, issues, and elections and to actually vote at your college address. (Folks registered at Clark vote at Saint Peter's Church, 929 Main Street, right across Main Street at the foot of Downing Street. In Massachusetts most polling places are open for voting from 7 AM to 8 PM.) Further, you are living here for most of the year and government actions on local issues can have a big impact on your life. It is important to note that when you register to vote at your college address you do not jeopardize your eligibility for state financial aid and/or in-state tuition elsewhere. Similarly your registering at your college address in no way interferes with your parents' ability to claim you as a dependent on their taxes.

On the other hand, some students prefer to register at their parents' home

address because they are more concerned about elections there or because they anticipate future political involvement in that area and want to be able, at some future time, to present themselves as lifelong voters in that state or community. Voting at your parents' home may require you to travel on Election Day (Clark does not give you the day off) or to vote by absentee ballot, a process that usually requires paperwork being mailed in weeks in advance and that sometimes still goes awry.

Absentee Ballots

If you are unable to go to your designated polling place to vote in person on Election Day (because you will be away from the community where you are registered as a result of your status as a full time college student in a different community) you are eligible to vote by absentee ballot. (In some jurisdictions voting by mail is a right and no reason is required.) In general, you must apply for an absentee ballot by completing a printed form and mailing it in to your town or county election clerk at least a few weeks before the pertinent election. An absentee ballot is then mailed to you at the address of your choice. You must complete the ballot and follow the instructions about returning it. In general, your absentee ballot must be received by Election Day. In some jurisdictions the deadline for receipt of the absentee ballot is a little bit earlier. These rules apply for primary elections, as well as general elections.

Party Enrollment

When you register to vote you are also given the opportunity, if you so choose, to enroll as a member of a political party. Such enrollment in no way obligates you to support that party or to vote for that party's nominees in the

General Election. In some states voting in Primary Elections is limited to enrolled members of a party. In Massachusetts independents, those who choose not to enroll in any political party, may vote in a party's Primary by switching their enrollment on Primary Day. These voters may also switch back to independent enrollment immediately after voting. In Massachusetts, and in most states, a person must be an enrolled member of a party in order to seek the nomination of that party as a candidate for office and in order to vote in party, caucuses to elect delegates to state and national party conventions. Officially recognized political parties differ from state-to-state. In Massachusetts the current choices for enrollment are: Democratic, Republican, Libertarian, Green, or Independent (no party/unenrolled). You can change your party enrollment at any time. In some states there is a deadline for party enrollment relative to a specific Primary Election or party caucus.

Help in Registering to Vote

There are many internet sites (usually posted through the Secretary of State in each state) that can provide you with information about registration requirements and about getting an application for an absentee ballots. In addition, at Clark several student groups regularly conduct voter registration drives. They have lots of information and can be very helpful. They even have forms on hand that will allow those who are eligible to register to vote in Massachusetts and in most other states. For more information and to get assistance in registering to vote you can visit Clark Hillel or Mass PIRG in their offices on the 3rd Floor of the UC.

Community Organizing and Advocacy

Clarkies have a rich heritage of community organizing, public protest and policy advocacy. Red Square, where Freud now sits, has been the scene of countless speeches, rallies, protests, and vigils going back at least to the peace movement during the Vietnam War era. Vehicles to work with others to have your concerns heard and to draw attention to injustice are plentiful, both within the Clark community and with our neighbors beyond the campus. Listed below you will find extremely brief descriptions and contact information for a sampling of campus and community groups.

Clark University Groups

Amnesty International – human rights advocacy

Clark Care Initiative – homelessness and hunger

Clark College Republicans – works to elect Republicans and to advance the agenda of that party

Clark Sustainability Initiative – campus environmental and energy use practices

Democrats of Clark University – works to elect Democrats and to advance the agenda of that party

Gay, Lesbian, Bisexual, and Transgendered Alliance (GLBTA) – equal rights for GLBTQ folks

Mass PIRG (Public Interest Research Group) – consumer protection, student rights, environment

Peaceworks – anti-war, pro-peaceful conflict resolution

Radical Cheerleaders of Worcester – anti-war, anti-globalization, pro-corporate responsibility

Students Against Destructive Decisions (SADD) – works to promote responsible student behavior around alcohol and other drug use

Student Council (aka StudCo) – student rights

Topics – works against dating violence and relationship abuse

VOX – pro-choice, reproductive freedom

Waterwatch – monitoring of pollution in area waterways

Women's Center – works for equal rights for women and girls

Worcester Area Community Groups

AIDS Project Worcester (APW), <http://www.aidsprojectworcester.org/>, (508)755-3773 – works for clean needle exchange, funding for education and services

Central Massachusetts Housing Alliance (CMHA), <http://www.cmhaonline.org/>, (508)791-7265 – affordable housing development and preservation, services for homeless people

Civil Liberties Union of Massachusetts (CLUM), <http://www.aclu-mass.org/>, (508)752-5363 – local affiliate to American Civil Liberties Union, first amendment protections, opposition to US Patriot Act, defending right to choose

Clean Water Action, <http://cleanwateraction.org/ma/index.htm>, (617) 338-8131 – government action to protect drinking water and recreational waterways

Greater Worcester Equality Network (GWEN), <http://gwen-ma.org/>, (508)612-3142 – equal rights for GLBTQ including marriage rights

Main South Community Development Corporation (Main South CDC), <http://mainsouthcdc.org/>, (508)752-6181 – affordable housing, economic development, public safety in the Clark neighborhood

Neighbor to Neighbor/Vecino a Vecino (N2N), <http://www.n2nma.org/>, (508)754-6866 – organizes low income and working families on economic justice issues including housing, healthcare, wages

Regional Environmental Council (REC), <http://www.recworchester.org/>, (508)799-9139 – environmental justice, inner-city green space, toxic cleanups, human health consequences of pollution

Worcester Global Action Network (WoGAN), <http://www.wogan.org/> – works against globalization and for transparency and democracy in international trade and economic policies

CHAPTER 6: EAT, EAT!

Whether you are looking for a fancy night out or simply a bite to eat, Worcester has the restaurant. Independently-owned restaurants still dominate this city, and so it's fun to explore all the ethnic and unusual cuisine around the area. Many of these gems are in Main South; however, there are some great places we suggest you venture out a little further to taste. Below are some recommended places categorized by both pricing and location. For menus, reviews, and special events, visit these Web sites: dinesite.com, massmenus.com, and the social web. Also, look in the back of your Clark Directory for coupons and places that give student discounts.

\$5-10 (per person)

\$\$10-20

\$\$\$20+

CCtakes the Clark Cash Card

WWSubscribes to Waiters on Wheels which is a \$4.95 delivery service in Worcester. Call (508) 754-FOOD (3663) to place your minimum of \$10 order, M-Sat 11-2 PM, 4-10 PM and Sun 3:30-10 PM.

MAIN SOUTH

Annie's Clark Brunch

508-756-1550

(Clark hang out for late breakfasts located right near campus)

934 Main Street

\$

Armadillo Depot *(small, casual, barbeque)*

508-752-7427

413A Park Avenue

\$

Cactus Pete's Steakhouse *(American restaurant and bar)*

508-752-3038

400 Park Avenue

\$\$ WW

China Lantern

508-767-9995

930 Main Street

\$

Chopsticks Restaurant *(Mandarin, Hunan, Szechuan)*

508-798-9750

1083 Main Street

\$\$

Da Lat *(Vietnamese)*

508-753-6036

425 Park Avenue

\$/\$\$

Fantastic Pizza 925 Main Street \$ CC	508-798-5577
House of India (<i>Indian, great cheap lunch buffets</i>) 439 Park Avenue \$\$ WW	508-752-1330
Maria's Kitchen (<i>Hispanic</i>) 826 Main Street \$	508-797-3380
One Love Café (<i>Jamaican</i>) 800 Main Street \$/\$\$	508-753-8663
Pepper Corns Grill & Bar (<i>American</i>) 455 Park Avenue \$\$ CC	508-752-7111
Saigon Restaurant (<i>Vietnamese</i>) 976 Main Street \$/\$\$	508-799-5250
Uncle Sam's Pizza 974 Main Street \$ (<i>could be even less than \$5, discount with Clark ID</i>)	508-890-7888

Webster House Restaurant

508-757-7208

(American and Ethnic)

1 Webster Square

\$\$ WW

OTHER NEIGHBORHOODS

One Eleven Chophouse *(fine dining)*

(508) 799-4111

111 Shrewsbury Street

Bus 15

\$\$\$

Biagio's Grille *(Italian)*

(508) 756-7995

257 Park Avenue

walking distance

\$\$/\$\$\$

Boulevard Diner *(open 24 hrs)*

(508) 791-4535

155 Shrewsbury Street

Bus 15

\$

Ciao Bella *(Italian/American take-out, limited eat-in)*

(508) 756-2426

402 Grove Street

Bus 6N, 30N

\$/\$\$

El-Basha *(Middle Eastern)*

256 Park Avenue

walking distance

\$\$ WW

(508) 795-0222

Flying Rhino Café *(ethnic/American, martini bar)*

278 Shrewsbury Street

Bus 15

\$\$

(508)757-1450

The Living Earth Garden Café *(organic)*

232 Chandler Street

walking distance

\$/\$\$ WW

(508) 753-1896

Nancy Chang's *(Healthy Asian)*

372 Chandler Street

Bus 30N

\$\$ WW

(508) 752-8899

Quan Yin *(vegetarian and vegan Asian)*

56 Hamilton Street

Bus 18

\$/\$\$

(508) 831-1322

Sahara Café and Restaurant (*Middle Eastern*) (508) 798-2181
143 Highland Street
Bus 5W, 21
\$\$/\$\$\$ WW

Sakura Tokyo (*Japanese Steakhouse/Hibachi Grill*) (508) 792-1078
640 Park Avenue
walking distance
\$\$ WW

Shiraz (*Armenian cuisine similar to Middle Eastern*) (508) 767-1639
295 Park Avenue
walking distance
\$

Sole Proprietor Seafood & Spirits (*fine dining*) (508) 798-3474
118 Highland Street (Rt. 9)
Bus 5W, 21
\$\$\$

Struck Café (*fine dining*) (508) 757-1670
415 Chandler Street
Bus 30N
\$\$\$

Tatnuck Bookseller's & Sons (*bookstore/restaurant*) (508)756-7644
353 Chandler Street
Bus 30N
\$\$ WW

Thai Cha-Da (*Thai*) (508) 752-2211
264 Park Avenue
walking distance
\$\$

Tortilla Sam's (*Mexican*) (508) 756-7267
107 Highland Street
Bus 5W, 21
\$

Zipango's Sushi Bar and Grille (508)754-8047
270 Shrewsbury Street
Bus 15
\$\$\$

CHAPTER 7: STAY AWHILE!

It's always fun when people come to visit. Unfortunately, your residence hall room is not made to host guests all of the time! Whether it's a quaint bed-and-breakfast or luxury hotel, Worcester has an appropriate place for everyone. Use this guide as a reference for pricing and location so that you make your family's and friends' visit a good one. More information on hotels closer to Boston and other locations can be found when searching Worcester, Ma on www.hotel-guides.us and www.net-worcester.com for bed-and-breakfasts.

\$ 60-99

\$\$ 100-149

\$\$\$ 150-199

Hotels and bed-and-breakfasts are in Worcester unless otherwise noted.

HOTELS

Beachwood Hotel

(508) 754-5789

(fitness center, fancy restaurant, lounge)

363 Plantation Street, Worcester, MA

\$\$\$

Courtyard by Marriott

(508) 363-0300

(fitness center, swimming pool, restaurant)

72 Grove Street, Worcester, MA

\$\$

Crowne Plaza Hotel Downtown**(508) 791-1600***(swimming pool, restaurant, lounge)*

10 Lincoln Square, Worcester, MA

\$\$**Hampton Inn****(508) 757-0400***(fitness center, swimming pool)*

110 Summer Street, Worcester, MA

\$\$**Holiday Inn****(508) 852-4000***(fitness center, swimming pool, restaurant, lounge, pet friendly)*

500 Lincoln Street, Worcester, MA

\$**BED AND BREAKFASTS**

The Sumner House**(508) 845-6446***(Known for its gorgeous country rooms and delicious food)*

5 Church Road, Shrewsbury, MA 01545

\$**Stevens Farm Inn****(978) 355-2227**

749 Old Colbrook Road, Barre, MA 01005

(Built in the 1700's. Take historic tours of the property, ice skate on the pond, hike or cross-country ski on the farm. Winner of the 2002 Hospitality Award)

\$

CHAPTER 8: HAVE FUN!

*Worcester has a lot of fun things to do if you know where to look! The world renowned **Worcester Art Museum** holds a young members gathering on the third Thursday of every month (students get in free with ID). **The DCU Center** brings in national touring acts. An artists group that has all ages shows on the weekends. And a variety of coffee shops, bookstores and other attractions are all yours to discover.*

*Clark and the **Colleges of Worcester Consortium** also offers a great program of off-campus activities called **Great Culture, Great Fun!** All Clark students receive a brochure and registration information for this program, which includes great discounts for local attractions, such as **Foothills Theater** and **Music Worcester** performances, as well as trips to places outside of Worcester.*

*Here are just a few of the fun things to do in the city, but you can always look on the social web—**www.socialweb.net**—to see what’s going on!*

DCU Center is the place to be for top concerts and sporting events! Over the last two decades, artists of all musical genres have played to enthusiastic crowds at the venue. In addition artists such as Neil Diamond, Billy Joel, Bruce Springsteen and most recently Hilary Duff chose Worcester as the location to “kick-off” their world tours.

Audiences have witnessed a wide variety of memorable sporting contests, including NCAA Basketball and Hockey tournaments, World Championship and Olympic Boxing, preseason NBA and NHL matchups, Holy Cross College Basketball, professional tennis championships, Professional Bull Riding, World Wrestling Entertainment and the MIAA High School Basketball and Hockey State Finals. To view a calendar of events, get tickets, or find out more information, visit **www.centrum-centre.com**. The **DCU Center** is located on **50 Foster Street** in downtown Worcester.

Foothills Theater, located in the soon-to-be-renovated downtown, easily accessible by bus. **Foothills** has amazing productions, and they get better every year! Just to name a few: Ms. Saigon, Titanic, Forever Plaid, and the classic To Kill a Mocking Bird. Check the schedule and buy tickets online at www.foothillstheater.net.

Mechanics Hall is located downtown on Main Street, and is one of the world's finest concert halls. Internationally regarded for its superb acoustics, the Hall boasts a celebrity list that includes Thoreau and Dickens, Caruso and Dvorak, Teddy Roosevelt and Elizabeth Cady Stanton, Yo Yo Ma and Itzak Perlman, Mel Torme and Ella Fitzgerald. Mechanics Hall is home to the Worcester Music Festival, the oldest music festival in the nation, founded in 1859. It is a non-profit organization and is listed in the National Register of Historic Places. Check out what's happening there at www.mechanicshall.org/

The Palladium, located on Main St., is easily accessible by bus, and is a venue for all ages. Here you will see acts such as: Godsmack, Korn, Moby, and many more. www.thepalladium.net.

THE WORCESTER ARTIST GROUP is an artist collective at 16 Greenwood St. and is accessible by bus with a transfer downtown. The all-ages shows are put on by the Central Mass. Artists Assembly, a non-profit DIY driven group www.DCFIY.org. The Worcester Artist Group has a large art gallery and produces public events for all ages through the year.

APPLE PICKING

www.pickyourrown.org/massapples.htm

is a site that allows you to find an orchards in Worcester County, recipes and other neat facts about farms in the area. Unfortunately, there are no orchards in the immediate area, but, take advantage of the public transportation to get where you want to go.

BIKING

Barney's Bicycle

(508) 757-3754

165 Chandler St., Worcester, 01609

Bicycle Alley

(508) 752-2230

1067 Main Street, Worcester, MA 01603

<http://www.bikealley.com/>

BOWLING

Thunder Bowl

38 Southbridge Street, Worcester, MA 01608-2019

(508) 755-4304

Colonial Bowling Centre *(New England style)*

248 Mill Street, Worcester, MA 01602

(508)754-7645

Clark Culture 101

This year, the Colleges of Worcester Consortium is joining forces with several of the local schools to offer programs through the New England Culture 101 program. Anna Maria College, Assumption College, Becker College, Clark, Nichols College, Quinsigamond Community College and Worcester State are offering events through this program. This is an excellent opportunity for you to meet other students and learn what Worcester and New England have to offer. Find out what trips are offered this year, including transportation and schedules, by checking out this link!

www.clarku.edu/offices/dos/studentactivities/culture.shtml

NATURE

Clark Nature Connection

Participate in weekly Sunday trips to area parks, hiking, and outdoor recreation destinations. Co-sponsored by the Outing Club, trips are free and transportation usually leaves at 12:30 in front of Atwood Hall. Sign up with the club at Student Activities (3rd floor of the UC) to reserve a spot, because space is limited. A great opportunity to meet fellow Clarkies with similar interests, check out

more information contact Greg Doerschler at (508) 421-3773 or
gdoerschler@clarku.edu.
www.clarku.edu/offices/dos/studentactivities/nature.shtml

CRAFTS

Clay Time (*pottery activities and workshops*) 508-799-9950
124 Boston Turnpike Shrewsbury, MA
<http://www.claytimestudio.com/>

Michael's Arts and Crafts (*workshops and supplies*) 508-755-2900
100 Boston Turnpike (Rte. 9 – White City Plaza), Shrewsbury, MA

Tatnuck Bead Co. (*beading activities and supplies*) 508-754-0999
1099 Pleasant Street, Worcester, MA 01602
<http://www.tatnuckbead.com/>

COFFEE SHOPS

Check out the calendar of open mike nights on
<http://www.openmikes.org/calendar/MA>

Acoustic Java 508-756-9446
932A Main Street
Live music, open mike nights

Bean Counter

113 Highland St, , Worcester, 01609

(coffee, dessert, live music)

(508) 754-3125

Café Dolce

154 Shrewsbury Street, Worcester, MA 01604

(Bakery, ice cream, coffee)

(508) 754-3761

Culpeppers Bakery and Café

500 Cambridge Street Suite 3, Worcester, MA 01610

(508) 755-8393

Java Hut

1073 Main Street (Webster Square)

Check out the schedule of live performances, menus, and art at

www.javahutma.com

(508) 752-1678

Starbucks Coffee

1 West Boylston Street, Worcester, MA 01605

(508) 595-9315

Vibes

116 Water Street, Worcester, MA 01604

(508) 753-9969

DANCE STUDIOS

Royal Academy for Performing Arts

258 Park Ave., Worcester, 01609

<http://www.pasow.org/>

(508) 755-5533

MOVIE THEATRES

Showcase Cinemas Worcester North

(508) 853-4000

(only theatre in Worcester)

135 Brooks Street, Worcester, MA 01606

Bus 19N, 30N

Cinema de Lux at Blackstone Valley

(508) 853-4000

Intersection of Routes 146 and 122A, Millbury, MA 01527

Leicester Drive-In Theatre

(508) 892-4400

two screen drive-in movie with double and triple features

1675 Main St., Leicester, MA 01524

<http://www.drive-ins.com/theater/matileic>

These next two theatres are each old fashioned single screen venues showing films a few weeks after they leave the first run houses at a substantially reduced price. Each of these also features tables replacing some of the seats and unusual movie food including whole pizzas and beer by the glass or pitcher at reasonable prices.

The Elm Draught House in Millbury

(508) 865-2850

35 Elm Street , Millbury, MA 01527

The Strand Theatre in Clinton

(978) 365-5500

58 High Street, Clinton, MA 01510

<http://www.strandtheatre.com/>

West Boylston Cinema (*shows films at a reduced price*) **(508) 835-8888**

101 W. Boylston Street, Route 12 (Wal-Mart Plaza), W. Boylston, MA 01583

Cinema 320

On-campus

shows independent and foreign films with a discount for Clarkies

Clark University Film Society (CUFS)

On-campus

shows classic movies for free

MUSIC STORES

Al Bum's New & Used Cds

(508) 798-3657

149 Highland Street, Worcester, MA 01609

Jelly's Discs

(508) 752-9056

246 Park Avenue, Worcester, MA 01609

Latino Records

(508) 797-0482

22 Front Street, Worcester, MA 01614

Music Plus

(508) 792-5744

928 Main Street, Worcester, MA 01610

Uprising Music

(508) 792-6244

559 Main Street, Worcester, MA 01608

SHOPPING

Artworks Gallery

261 Park Ave , Worcester, MA 01609

(508) 755-7808

Bhadon Gift Gallery

1075 Pleasant Street, Worcester, MA 01602

(508) 798-0432

Blackstone Valley Shoppes

Intersection of Routes 146 and 122A , Millbury , MA 01527

Dollars Worth

Southbridge Street, Worcester, MA

Futon Company

129 Highland St. , Worcester, MA 01609

508-831-7170

Perfect Package

263 Park Ave, Worcester, 01609

(508) 754-8055

The Prints and the Potter Gallery

142 Highland St, Worcester, 01609

(508) 752-2170

Puma Clearance Store

71 Pullman Street, Worcester, MA 01606

(508) 595-0010

SHOPPING (Second Hand)

Abby's House	(508) 756-5486
52 High Street, Worcester, MA 01609	
Goodwill	(508) 752-4042
25 Park Ave, Worcester, 01605	
Salvation Army	(508) 756-7191
630 Main St, Worcester, 01608	
Savers	(508) 363-2777
50 Mill Street, Worcester, MA 01603	
St. Vincent De Paul	(508) 752-4232
507 Park Ave, Worcester, 01603	
Treasures Unlimited	(508) 792-9983
123 Highland St Worcester, 01609	

SKATING

Concrete Wave (<i>skateboards, snowboards, accesories</i>)	(508) 853-9752
54 W. Boylston Street, Worcester, MA 01606	
Eastern Boarder (<i>bikes, skate/snowboards, accessories</i>)	(508) 852-3668
64 Bolton St, Worcester, 01604	
Horgan Skating Arena (<i>Ice Skating</i>)	(508) 832-7201
400 Oxford Street, Auburn, MA 01501	

<http://www.fmcarenas.com/auburn/>

Skater Paradise, Inc. (*Skateboarding Park*)

590 Lake St., Shrewsbury, MA 01545

www.skaterparadise1.com/

Skylite Roller Skating

(508) 757-8640

648 Park Ave., Worcester, MA 01603

Worcester Skating Arena (*Ice Skating*)

(508) 799-0910

284 Lake Ave., Worcester, 01604

SKIING

Ski Ward Ski Area

508-845-1797

1000 Main Street, Shrewsbury, MA 01545

www.skiward.com

Wachusett Mountain Ski Area

978-464-2300

499 Mountain Road, Princeton, MA 01541

<http://www.wachusett.com>

Worcester Tornados

508-793-2573

(Cheer on your new professional baseball team!)

Hanover Insurance Park at Fitton Field, 1 College Street, Worcester

Worcestertornados.com

CHAPTER 9: BE SMART!

Worcester is a great place to have fun, learn, and explore. But, you need to take the usual precautions when you go out, especially at night. Clark has created a safe environment on and around campus, but you need to stay aware and use your common sense. To find out more about University police, visit www.clarku.edu/offices/police/index.shtml

Do's and Don'ts and Ifs

Do...

- > travel with friends
- > take advantage of the school's safety options like escort service (x7777) and keep phone numbers on you
- > walk in the road if it is a dark street with no traffic
- > avoid dark places or groups of people
- > use good judgment and safety sense—be aware!
- > use one of the 61 emergency telephones on campus and be aware that the outdoor ones are located in areas where members of the University community could find themselves isolated and vulnerable

Don't...

- > Go into a stranger's apartment or car
- > let your guard down
- > ROOFIES? SPECIAL K? GHB?
- > Don't leave your drinks unattended
- > Don't accept drinks from strangers

If...

- > you have to travel alone, let your friends know where you are going and when you will be back
- > you are walking alone, be confident and act like you know where you are going
- > being followed by someone in a car, turn around and walk in the opposite direction