

CLARK ATHLETICS

2005 Men's & Women's Cross Country Postseason Newsletter

Men's Cross Country

Senior captains Mike Myers and Ryan Small provided leadership for the Men's Cross Country team, which proved to be one of the deepest and most talented group of runners that Clark has fielded in over a decade. Paced by Mitchell Paulin '07 at the NCAA Regional Meet, the Cougars placed 25th of 43 teams in a highly competitive field. Dan Roberts '07 led Clark to fifth place in the NEWMAC Championship, which was the team's best finish in the conference championship. Thomas McCarthy '08 won the Worcester City Meet on Clark's home course and also finished as the top Cougar runner at the Roger Williams Invitational, which Clark won for the second straight year. Stephen Karger '07, Cory Leonard '08, Joe Montesano '06, and Ryan Olsson '07 completed Clark's competitive top seven who challenged each other each week to race faster as they all jockeyed for scoring positions. The future is bright as the top seven runners return for the 2006 season.



Women's Cross Country

The Women's Cross Country team led by senior captains Kristina Siladi and Amber Cochran competed well throughout the season with a very young squad that included 13 new team members. Emily Tremaine '07 had an outstanding season and led the Cougars in every race. Tremaine placed 64th of 227 runners at the ECAC Championship and combined with teammates, Ellen Durand '08, Becky Mayer '07, Stephanie Oleksyk '07 and Kaitlyn Sephton '09, to propel Clark to 14th place overall in a field of 29 teams. Additional team highlights included a top-three finish at three meets and tying conference rival WPI for 9th place at the NEWMAC Championship.



2005 TEAM RESULTS

Smith College Invitational	5th/7
UMass Dartmouth Invitational Subvarsity	15th/15
Varsity	21st/33
Worcester City Meet	2nd/6
CCRI Tri-State Invitational	3rd/10
Roger Williams University Invitational	1st/11
Clark Invitational	Cancelled
NEWMAC Championship at Smith	5th/7
NCAA Regionals at Springfield	28th/43

2005 TEAM RESULTS

Smith College Invitational	9th/10
UMass Dartmouth Invitational Subvarsity	12th/16
Varsity	21st/35
Worcester City Meet	3rd/5
CCRI Tri-State Invitational	3rd/8
Roger Williams University Invitational	2nd/9
Clark Invitational	Cancelled
NEWMAC Championship at Smith	9th/10
ECAC Championship at Tufts	14th/29

Friends of Clark Men's & Women's Cross Country has been formed under the umbrella of Friends of Clark Athletics. If you are interested in supporting the cross country team and would like more information, please contact Head Coach Chris D'Aniello

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