



2005 Men's & Women's Swimming & Diving Preseason Newsletter

Page 1 of 3

2005 Men's Season Preview

After ending the 2004-05 season with only six men on the roster, the men's team will begin the 2005-06 campaign with 18 members, their largest roster since 1998-99. Senior captains Jesse Bausell (Towson, MD) and Mike Viotti (Wilmington, DE) will lead a very young team, including 13 freshmen. Bausell led last year's squad in points scored, posting top times in the 1650, 1000, and 500 yard freestyle events as well as the 50 and 100 yard breaststroke. He finished 12th at the NEWMAC Championship in the 1,650 with the program's fourth fastest clocking all-time, and received the team's Outstanding Performer Award. Viotti posted career bests in the 100 and 200 yard butterfly events in his final meet of the season at Babson, before going abroad to London.



Sophomores Steven Ratner (Stamford, CT) and Dave Critchlow (Northboro, MA) will be counted on in 2005-06 to build on the success of their impressive rookie seasons. In 2004-05 Ratner led the team with 13 individual dual-meet wins and earned first in both 1-M and 3-M events at the City Championship meet. At NEWMAC's he placed 5th in both diving events, posting top-five all-time scores. Critchlow was the team's top backstroker, breaking a school record in the 50, and posting Clark's fourth best time ever in the 100. Junior Joe Page (Montgomery, NY) finished 16th at NEWMAC's in the 200 butterfly and contributed to several relays in 2004-05.

An impressive class of freshmen includes Drew Jackson (Chestertown, MD), who was a YMCA National qualifier in the 100 back last year, while posting impressive times in the 200 and 500 yard freestyles. Mike Smith (Milford, CT) was a top five finisher in the 100 breast at the Connecticut Class M state meet, while Brian Walsh (Wenham, MA), Tim O'Keefe (Lee, NH), and Josh Chartier (Monson, MA) are also poised to score points for the Cougars this season. Shyamal Asher (Mombassa, Kenya), Jonathan Penney (Arlington, MA), Chris Auger (Pelham, NH), Kevin Williams (Norwalk, CT), and Sam Blanchard (Albany, NY) will provide depth in the swimming events, while Dave Carnevale (Andover, MA), Sam Bennett (Eliot, ME), and Sal Pezzella (S. Windsor, CT) will join Ratner on the diving boards in 2005-06.

2005 Women's Season Preview

In Coach Phillips' second season at the helm, the women's team improved their point total at the NEWMAC Championships from 70 in 2004 to 86 in 2005. Senior captains Morgan Dorsey (Auburn, ME) and Hilary Ohmart (Brewer, ME) will lead a young group poised to continue the upward trend for the Cougars in 2005-06. Ohmart was the team's top diver at NEWMAC Championships last season, posting Clark top-five all-time scores while finishing 14th in both 1-M and 3-M events. Dorsey led the women in the butterfly events, posting top times in the 50 and 100. Sophomore breaststroker Dominique Wilkins looks to improve on an impressive rookie campaign that saw her finish 12th at the NEWMAC Championship in the 100, after posting four dual-meet wins in the regular season. Senior Sara Stephenson (Lusby, MD) will contribute once again in the IM, after posting top times last year in the 200 and 400. Stephenson scored individual points at the NEWMAC Championship in 2003-04 and was the team's most improved swimmer that season.



The junior class returns Kate Lied (Kansas City, MO) and Danielle Petroni (El Cerrito, CA) as the team's most improved swimmers from 2004-05. Jessie Clements (Cambridge, MA), Lauren Clement (Boise, ID), Mackenzie Kamm (Bellairre, TX), and Abby Crowley (Burlington, CT) form a strong core of upper-classmen who will contribute in multiple events in 2005-06. Sophomores Jessica Moise (Walpole, MA), Cassandra Crawford (Auburndale, MA), Kara Bochicchio (Sherborn, MA), Samantha Meyer (Strongsville, OH), and Marjorie Whalen (Melrose, MA) are poised to improve on solid rookie seasons. In 2004-05 Moise recorded the team's top time in the 200 fly, while Crawford contributed in the sprint events, and Meyer was a solid contributor in the distance events.

Incoming team members include first-year swimmer Kayleigh Lagasse (Pawtucket, RI), who was a top finisher in the 100 fly and 500 freestyle at the RI state championships in 2004-05. Fellow first-years Lindsey Stone (Avon, CT), Jessica Cullen (Milford, CT), Korin Danchise-Curtis (Reading, MA), Cassandra Garrity (Wells, ME), Kimee Choate (Reseda, CA), Kim Edwards (VT), Alicia Friedlander (Lincoln, RI), and Kierstin Kean (Yarmouth, MA) and are joined by Sophomore transfer Caitlin Hanson (Reading, MA) to form an exciting group of young swimmers who will contribute in every event for the Cougars this season. Divers Jessica Baker (Queensbury, NY), Lauren Gesner (Kensington, CA), and Kristine Resendes (Taunton, MA) will join Ohmart on the boards in 2005-06.

Friends of Clark Men's & Women's Swimming & Diving has been formed under the umbrella of Friends of Clark Athletics. If you are interested in supporting the swimming and diving team and would like more information, please contact Head Coach Paul E. Phillips.



2005 Men's & Women's Swimming & Diving Preseason Newsletter

Page 2 of 3



Red Team Wins Annual Intersquad Meet

The Red team won this year's annual intersquad meet by a slim margin of 381-379. The all-time series, dating back to 1991, now stands at 8-6 in favor of the Black squad. Sara Stephenson broke her own Meet Record in the women's 100 IM, and inaugural records were set in the co-ed 200 yard feet-first, kickboard, and t-shirt relays.

2005 SCHEDULE

Home Meets in Red/Bold, All home meets held in the Kneller Athletic Center

October

Sat. 22 Zarilli Invitational Relays at Brandeis University 2:30 pm
Sat. 29 at Gordon College 1:00 pm

November

Sat. 5 **vs Bryant University (M/W)** **5:00 pm**
w/ Husson College (W)
Fri. 11 **vs Wheaton College** **5:00 pm**
Sat. 12 at Bridgewater State College 1:00 pm

December

Sat. 3 **vs Babson College** **1:00 pm**
Sat. 10 **vs Mount Holyoke College** **1:00 pm**

January

Sat. 14 at UMass Dartmouth 1:00 pm
Wed. 18 **vs Brandeis University** **6:30 pm**
Sat. 21 at Wesleyan University 1:30 pm
w/ Connecticut College & Colby-Sawyer College
Fri. 27 Worcester City Championship at Holy Cross 6:00 pm
Sat. 28 Worcester City Championship at Holy Cross 10:00 am

February

Wed. 1 **vs WPI** **6:00 pm**
Sat. 4 at Roger Williams University 1:00 pm
w/ ECONN (W)

F.- S 17-19 NEWMAC Women's Championships at MIT
F.- S 24 - 26 NEWMAC Men's Championships at Wheaton College

March

T - S 9-11 Women's NCAA Championships at Carleton College, (MN)
T - S 16 - 18 Men's NCAA Championships at Carleton College, (MN)

Year	Red vs Black All Time		Records Broken	All-Time Series	
	Winner	Score		Black	Red
1991	Black	160-156		1	0
1992	Red	171-163	18	1	1
1993	Black	217-178	10	2	1
1994	Red	308-305	16	2	2
1995	Red	361-340	20	2	3
1996	Black	345-326	15	3	3
1997	Black	322-289	8	4	3
1998	Red	331-319	7	4	4
1999	Black	200-154	0	5	4
2000	Black	139.5-128.5	0	6	4
2001	Black	237-214	0	7	4
2003	Red	314-310	3	7	5
2004	Black	244-210	1	8	5
2005	Red	381-379	1	8	6





2005 Men's & Women's Swimming Diving Preseason Newsletter

Page 3 of 3

Anaheim Training Trip

Both teams will be traveling to Anaheim, CA from January 3-10th for intersession training at the Janet Evans Aquatic Center. Last year's training trip was to Clearwater Beach, FL.

Swim Lesson Program Clark's one-on-one swim lesson program which began in the spring of 2004, has grown to include over 60 area children. The program has been a huge success and a great fundraising opportunity for the team. Swimmers and divers have been able to form lasting relationships with their students, while providing quality instruction in a one-on-one environment. Spring session registration information will be posted in mid-November.

Swimmer Volunteers For Katrina Relief Abby Crowley '07 (Burlington, CT) was recently deployed by the Red Cross for two weeks to aid in Katrina relief efforts. Crowley was dispatched along with her suitemate Julianne Siegfriedt, to Falls Church, VA, where they will conduct interviews of people affected by the hurricane to help determine how to allocate funding. The team is very proud of Abby for the effort made in this endeavor and for the amount of advance planning it took to be prepared academically.

Alumni Meet

The 2nd annual Alumni Meet was held on September 27th at the Kneller pool in conjunction with Cougarfest Homecoming. Several Alumni were in attendance including Wilson Aybar '99, Roy Barnum '04, Doug Denny-Brown '87, Ken Dolabany '03, Scott Hindley '85, Brendan Johnson '05, John Kovacs '88, Peter Locke '88, Laura O'Tell '03, Rae Ann Rutkowski '85, Nora Sullivan '05, Sam Swartwout '05, Charlene (Wilk) Sweeney '97, Gavin Viano '01, and Mike Wergenbauer '87. The meet was officiated by long-time swimming official Charlie Wilk, father of Charlene '97. Many alums made the trip from far away and were able to bring their spouses and children to Clark for the first time. A great time was had by everyone, many memories were shared and some new ones created.



2005 Alumni Meet

Coaching Staff

Former Assistant Coach **Gavin Viano** '01 has moved on to the Athletic Advancement Department at St. Johns University in NYC. His positive energy and enthusiasm will be missed, but the entire team and coaches are excited for Gavin as he begins his new opportunity!

Laura O'Tell '03 will return for her third season coaching the divers. Over the past two seasons, Cougar divers have boasted an impressive record of improvement. In 2004-05, Steven Ratner was one of the NEWMAC Conference's top divers, while Mary Adams '05 posted multiple wins for the Cougars in six dual-meets. Under Coach O'Tell's guidance, both Ratner and Adams were undefeated during the second half of last season, and Hilary Ohmart achieved Clark all-time status and scored in the NEWMAC Championship for the first time in her career.

Roy Barnum '04 has been elevated to the lead-assistant position this season. Barnum, a standout swimmer for the Cougars from 2002-2004, is a school record holder, owner of eight all-time top-five times, and was a member of two school-record setting relays. He is a graduate of the Peddie School in Teaneck, NJ, and was a NEWMAC Conference finalist in each of his three seasons for Clark. Barnum worked under Coach John O'Neill at Army Swim Camp in West Point, NY this past summer. He is a veteran competitor who will add a great deal to the program in his second season of coaching.

Coach Phillips recently announced the addition of **Jeffrey Rivkin** '05 to the 2005-06 coaching staff. Rivkin, a former standout diver and swimmer for the Cougars who owns Clark records in both diving and swimming events, will be assisting with the divers. He was the NEWMAC Conference Diver of the Year in 2001-02, and holds the school record for 1-M dual meet. Rivkin also contributed to two school-record setting medley relays, as a butterflyer and backstroker in 2002-03. He holds Clark top-five scores in each of the four diving categories as well as the third place all-time in the 100 back.